



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

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Find out more: <https://www.abdiocese.org.uk/safeguarding/home>

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cnccs.co.uk



If you use Facebook, please join our group page,
Catholics West Hove

www.facebook.com/groups/1510048742698794/



This week the foodbank needs:

Custard

Roll on deodorant

Toothpaste

Shampoo with matching conditioner

Donations may be dropped into the boxes at the back of either of our churches. *Thank you for your support*

November: Month of the Holy Souls

There is an **extra Mass on All Souls Day at 7pm** at St Theresa's. **Envelopes** for placing the names of deceased relatives and friends will be available from next Sunday. The **blessing of graves** will take place across the deanery next Sunday. There will be a **Mass for the deceased clergy** of the deanery at 6pm, Thu 16th Nov. at St John the Baptist, Kemp Town.

29th October 2023: 30th Sunday of Year A
Weekdays: 30th Week in Ordinary time, Year 1

From the Synod meeting in Rome.



Dear sisters, dear brothers,

As the proceedings of the first session of the 16th Ordinary General Assembly of the Synod of Bishops draw to a close, we want to thank God with all of you for the beautiful and enriching experience we have lived. We lived this blessed time in profound communion with all of you. We were supported by your prayers, bearing with you your expectations, your questions, as well as your fears. As Pope Francis requested two years ago, a long process of listening and discernment was initiated, open to all the People of God, no one being excluded, to "journey together" under the guidance of the Holy Spirit, missionary disciples engaged in the following of Jesus Christ...

And now? We hope that the months leading to the second session in October 2024 will allow everyone to concretely participate in the dynamism of missionary communion indicated by the word "synod". This is not about ideology, but about an experience rooted in the apostolic tradition. As the Pope reminded us at the beginning of this process, "communion and mission can risk remaining somewhat abstract, unless we cultivate an ecclesial praxis that expresses the concreteness of synodality (...) encouraging real involvement on the part of each and all" There are multiple challenges and numerous questions: the synthesis report of the first session will specify the points of agreement we have reached, highlight the open questions, and indicate how our work will proceed.

SYCAMORE

Due to both technical and meteorological challenges, the last session did not happen, so this weeks session will be:

Who is Jesus?

Jesus came to bring life to the world. His love and teaching and miracles transformed the lives of those who knew him. But why did he have to die on the cross? What does it mean to say that he rose from the dead? And what difference does this make to our lives today? This Sycamore film explores the very heart of Christianity: the life, death and resurrection of Jesus Christ.

Wednesday, 7:45pm, St Theresa's

There will be Mass at 7pm, followed by refreshments. After the session, at around 9:15pm there will be Night Prayer.

All welcome, even if you have not been to previous sessions.

The programme continues through to the end of November. As part of the programme there will also be a **'retreat day' on Saturday 18th November. (NB change of date)**

For more about Sycamore go to: sycamore.fm

We continue to pray for the people of Ukraine. For more information and ways to support them see:
cbcew.org.uk/category/cbcew/international/countries/ukraine/

Please Pray For...

All who are sick in the parish particularly: Cheryl Evans, Colette, Elizabeth Hopkins, Julie Laker, Terry Phipps and Tom Hulse.

Those on our regular prayer list including: Florence Davis, Kathleen Davis, Paddy Dixon, Cheryl Evans, Margaret Gilligan and Eileen Kipling.

Those who have died recently especially: Patrick Atkinson and Malcolm Allwright.

A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

Adoration and Benediction

After 10am Mass on Thursdays and Fridays there will be a short period of Adoration of the Blessed Sacrament, followed by a simple Benediction at 10:45am.



Monks in the City

PRAY WITH US - FROM 1ST OCTOBER

Join the monks for prayers in **St John the Baptist's Church**:

Lauds (Morning Prayer): Mon, Tues, Wed, Fri, Sat - **9am**

Vespers (Evening Prayer): Mon, Tues, Wed - **6pm**

MIDDAY STILLNESS - FROM 6TH OCTOBER

Every **Friday, 12noon to 1pm**, an hour of music, prayer and reflection in **St John the Baptist's Church**.

SATURDAY SANCTUARY

30th Sept, 28th Oct, 25th Nov : 10.15am to 12.15pm

Join us for a morning of fellowship, input, prayer and silence. Starts in the **Fitzherbert Community Hub**.

MONK TALKS

A series of talks from the monks of Worth Abbey introducing monastic prayer and contemplation for today.

7:30pm to 9pm in the Fitzherbert Community Hub.

17th Oct - Meditation and Contemplation (Fr David OSB)

14th Nov - The joy of praying together (Br Anthony OSB)

12th Dec - Discipleship and humility - Becoming real (Abbot Stephen OSB)

 St John the Baptist's, 2 Bristol Rd, Kemptown, BN2 1AP

Hall Cleaner required

St Peter's Parish, (Portland Road, BN3 5GD), is seeking to employ a cleaner for the church hall. The hours will be 4 hours per week split over Monday, Wednesday and Friday mornings, 1 hour 20 mins per session, to be completed by 9.00am. Wages to be discussed depending on age and experience. Please email the hall manager stpetershallbn3@gmail.com to apply.

Wednesday is the Solemnity of All Saints

All Saints is a Holy Day of Obligation. Masses are at 10am at St Georges and 7pm at St Theresa's (followed by sycamOre). Fr Tony will also be celebrating a Mass at St Mary's school.

Weekly Timetable

Saturday 28th October <i>Sts Simon & Jude</i>	Confession 4:45-5:15pm 5pm Evening Prayer 5:30pm Mass, St Theresa's	<i>Margaret McGuigan & Elizabeth Strahan RIP</i>
Sunday 29th 30th Sunday in Ordinary Time	8:30am Morning Prayer 9am Mass, St Theresa's 11am Mass, St George's	<i>Malcolm Allwright RIP</i> <i>All Parishioners</i>
Tuesday 31st October	10am Mass, St George's <i>Followed by Tea & Chat</i>	<i>Helene Hannson RIP</i>
Wed 1st November All Saints	10am Mass, St George's 7pm Mass, St Theresa's 7:45pm: sycamOre	<i>All Parishioners</i>
Thurs 2nd All Souls	10am Mass, St George's <i>Adoration to 10:45</i> 7pm Mass, St Therea's	<i>Holy Souls</i> <i>Holy Souls</i>
Friday 3rd	10am Mass, St Theresa's <i>Adoration to 10:45</i>	<i>Amelia Lowndes RIP</i>
Saturday 4th <i>St Charles Borromeo</i>	Confession 4:45-5:15pm 5pm Evening Prayer 5:30pm Mass, St Theresa's	<i>Holy Souls</i>
Sunday 5th 31st Sunday in Ordinary Time	8:30am Morning Prayer 9am Mass, St Theresa's 11am Mass, St George's 2pm Blessing of Graves	<i>All Parishioners</i> <i>Deceased family of Cora & Brian Owen</i>

Blessing of Graves

The annual blessing of graves will take place on Sunday 5th November 2023 at 2pm at Southwick, Portslade and Hove (N & S) Cemeteries.

At other cemeteries in the deanery, blessing will take place at:

Bear Road: 3pm,
Brighton & Preston, Old Chapel: 2.30pm,
Woodingdean, the Lawns: 3pm

Southwick Churches Together

We meet at 9:30 every Wednesday morning, at St Michael's Church in Southwick, for a short service, led by people from churches in the local area. There are refreshments afterwards. **All are welcome!**



CHILDREN'S LITURGY

Our Children's Liturgy Group

takes place during the 9am Mass at St Theresa's (in the side chapel). We invite children from Reception Class to Year 3, to join the group.

29th October; School Holidays; **no children's liturgy**

05th November; 31st Sunday in ordinary time;

Practice what you preach

12th November; 32nd Sunday in ordinary time; **Be ready**

19th November; 33rd Sunday in ordinary time; **Gifts from God**

26th November; Christ The King; **Christ is King**