



## Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,  
Hangleton and West Blatchington*

**St Theresa's:** Old Shoreham Rd, Southwick, BN42 4RY

**St George's:** Court Farm Road, Hove, BN3 7QR

**Parish Priest:** **Fr Tony Milner BSc STD**

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**Find out more:** [https://www.abdiocese.org.uk/  
safeguarding/home](https://www.abdiocese.org.uk/safeguarding/home)

**School:** St Mary's, Church Road, Portslade  
[www.stmarys.brighton-hove.sch.uk](http://www.stmarys.brighton-hove.sch.uk)

**Also serving the parishes:**

**Cottesmore:** [www.cottesmore.brighton-hove.sch.uk](http://www.cottesmore.brighton-hove.sch.uk)

**Cardinal Newman:** [www.cncs.co.uk](http://www.cncs.co.uk)



If you use Facebook, please join our group page,

**Catholics West Hove**

[www.facebook.com/groups/1510048742698794/](https://www.facebook.com/groups/1510048742698794/)

## Southwick Churches Together



We meet at 9:30 every Wednesday morning, at St Michael's Church in Southwick, for a short service, led by people from churches in the local area. There are refreshments afterwards. **All are welcome!**



Thanks for your prayerful support during the **Diocesan Ecumenical Walking Pilgrimage**. It went very well. For a detailed account and pictures see

[thepilgrims.org.uk/2023](http://thepilgrims.org.uk/2023)

**3rd September: 22<sup>nd</sup> Sunday of Year A**  
**Weekdays: 22<sup>nd</sup> Week in Ordinary time, Year: A(I)**

### Fr Tony Writes

Welcome to a new term and a new academic year! And as in the parish much of what we do is linked in to the academic year, I guess it is a new parish year too!

So what have we got to look forward too? These are the usual things such as preparation for and celebration of the Sacraments, and details about these will be forthcoming in the next week or two. In a few weeks time we will be welcoming the new intake at St Mary's. St Mary's will also be celebrating their Advent service at St Theresa's. Then in the In the new year we will have our Mass for the Sick, and our Mass to celebrate Wedding Anniversaries. And of course there are all the usual seasons and feasts!

But the coming year will also bring us new things, and perhaps some new challenges. In order to be equipped for the future we will need a more generous response to God's call to us to be disciples. Most notably this will involve parishioners taking more responsibility for things that currently are done by the clergy, but which actually are the responsibility of all the community. It will also likely mean a certain amount of rationalisation; in our case working much more closely with the other parishes on this side of the deanery (St Peter's, Sacred Heart, and St Mary Magdalen's).

The shape of this is by no means determined yet, but we cannot just continue on as we are, gradually stretching those who are exercising leadership more and more thinly until they snap!

This actually requires a deeper appreciation of our Christian faith and calling. So I invite all of you to participate in the faith formation programme 'Sycamore', which begins at the end of the month. I appreciate it is a significant commitment, especially for those with young families. But it will be worthwhile! I shall be going on about this *ad nauseam* for the rest of the month!!

Another new thing, or rather a restoration of something we used to do, will be the return of Communion under both kinds. This will require some training and commissioning of ministers, both those who have been ministers before and new recruits. Watch this space!

But all this must begin with prayer and be rooted in prayer. So I am inviting everyone to deepen their life of prayer. I will be introducing a few tools to help with this in the coming weeks.

Despite the challenges, we must look forward to the future with hope. For to quote St Paul:

*We know that by turning everything to their good,  
God co-operates with all those who love him (Rom 5:28)*

## Please Pray For...

All who are sick in the parish, particularly Tom Hulse, Elizabeth Hopkins, Cheryl Evans, Julie Laker and Terry Phipps. **Those on our regular prayer list including:** Marion Shannon, Elizabeth Smith, Hanorah & Mat Smith, Winifred Wilde and Sandra Yelbeck. **Please also pray for those who have died recently,** especially Patrick Atkinson, Thomas Bonner, Janis Claxton-White and Beric Williams. A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

## Morning & Evening Prayer Starting Saturday 2nd September 2023

- ◇ Saturdays at St Theresa's,  
Evening Prayer at 5pm (said)
- ◇ Sundays at St Theresa's,  
Morning Prayer at 08:30am (sung)

There are a limited number of books available for use, but should you have a smart phone or iPad then we recommend the app: <https://universalis.com/>

## Weekly Timetable

<b>Saturday 2nd September</b>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	<i>Joanna Stibbs RIP</i>
<b>Sunday 3rd September</b> <i>22nd Sunday in Ordinary Time</i>	9am Mass, St Theresa's 11am Mass, St George's	<i>All Parishioners</i>
<b>Tuesday 5th</b>	10am Mass, St George's	<i>George L. Goad RIP</i>
<b>Wed 6th</b>	7:30pm Mass, St Theresa's <i>Adoration to 8:30pm</i>	<i>Vocations</i>
<b>Thursday 7th</b>	10am Mass, St George's	<i>Philip Porritt RIP</i>
<b>Friday 8th</b> <i>Birthday of the Blessed Virgin Mary</i>	10am Mass, St Theresa's	
<b>Saturday 9th</b>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	<i>Deceased Members of the Cripps Family</i>
<b>Sunday 10th September</b> <i>23rd Sunday in Ordinary Time</i>	9am Mass, St Theresa's 11am Mass, St George's	<i>All Parishioners</i> <i>Mary Barry RIP</i>

## St Vincent de Paul Society

The next SVP meeting for existing members, will be on Monday 18th September, 6:30pm at St Theresa's. If you are interested in getting involved with the SVP, please email: [annemarie.wiggs@gmail.com](mailto:annemarie.wiggs@gmail.com) or [presidenta0105@svp.org.uk](mailto:presidenta0105@svp.org.uk) for more information.



This week we are most in need of:

Biscuits  
Cereal  
Chopped tomatoes  
Noodles  
Pasta sauce  
Savoury snacks  
Sweet snacks  
Tinned custard  
Tinned meat  
Toothpaste



Donations may be brought to the hall on Wednesdays 10:30—11:45am, or dropped into the boxes at the back of either of our churches. **Thank you for your continued support.**

What do you believe?



## Wednesday Evening Faith Formation begins in September!

Each Sycamore session involves a short film and time for discussion. Visit [sycamore.fm](http://sycamore.fm) for more information about the programme. Each Wednesday there will be Mass at 7pm, followed by simple refreshments. The Sycamore session will begin at 7:45, and conclude at 9:15. There will then be a short 'night prayer' for those who wish to stay for that. All will finish by 9:30pm. **We begin on Wednesday 27<sup>th</sup> September,** and continue through to the end of November. As part of the programme there will also be a 'retreat day' on Saturday 11<sup>th</sup> November.

**All are welcome! Please sign up!!**

**We continue to pray for the people of Ukraine.** For more information and ways to support them see: [cbcew.org.uk/category/cbcew/international/countries/ukraine/](http://cbcew.org.uk/category/cbcew/international/countries/ukraine/)