Catholic Parish of Brighton and Hove: West Hub

Sacred Heart; St George's & St Theresa's; St Mary Magdalen's; St Peter's

Canon Colin Wolczak; Fr Paul Wilkinson; Fr Tony Milner; Fr Alphonse Kabore; Canon David Parmiter

Sunday 31st May 2026, The Most Holy Trinity, Year A, Weekdays: Week 21, Psalter Week 1

Fr Tony Writes…

Joost van Os

The Holy Trinity is one of the central beliefs of Christianity. It teaches that there is one God who exists eternally as three distinct persons: the Father, the Son, and the Holy Spirit. This does not mean that there are three gods. Rather, the doctrine expresses the mystery that God is one in essence while revealed in three persons. For many believers, the Trinity helps explain how God can be both beyond the world and actively present within it. The idea is not simple, but it has shaped Christian worship, prayer, and theology for centuries.

The word "Trinity" does not appear directly in the Bible, but the teaching is rooted in Scripture. The New Testament speaks of the Father, the Son, and the Holy Spirit together in important passages such as Matthew 28:19 and 2 Corinthians 13:13. Early Christians reflected on these texts as they tried to understand the life, death, and resurrection of Jesus and the ongoing work of the Spirit. Over time, Church leaders developed the formal doctrine of the Trinity, especially through debates and councils in the fourth century, in order to defend the belief that the Father, Son, and Holy Spirit are each fully divine.

The Father is often associated with creation and loving authority, the Son with salvation through Jesus Christ, and the Holy Spirit with guidance, comfort, and spiritual renewal. These are not separate actions by separate gods, but the united work of the one God. The Trinity also shows that relationship and love belong to God's very nature.

The Holy Trinity remains a profound mystery, but it is also a source of meaning and devotion for Christians. Rather than being a puzzle to solve completely, it is understood as a truth about who God is. The doctrine emphasizes unity, love, and divine presence, and it continues to influence Christian belief, worship, and identity today.

*As Pope Leo's encyclical *Magnifica Humanitas* on AI came out this week, I thought I would ask Copilot for 300 words about the Trinity. And I am quite impressed with what it produced. Of course, I read it carefully and made a few adjustments, but mainly stylistic ones. *Fr Tony*.

Poppy Martinez

First Holy Communion at St Peter's & Sacred Heart

June is the month when the children who have been preparing since last November receive their Firsy Holy Communion. This will take place at the 11:30am Mass on 7th, 14th and 21st June at St Peter's. These Masses will be very busy, and we will be reserving one bench for each family who have a child receiving their First Holy Communion at that Mass.

Sacred Heart will celebrate their services on 14th and 21st June. Please keep these children and their families in your prayers.

Sacred Heart, 39 Norton Road, BN3 3BF, 01273 732843, www.sacredhearthove.org.uk; hovesacredheart@abdiocese.org.uk. All Masses at SH are Live Streamed: www.sacredhearthove.org.uk/videos.html

St George's, Court Farm Road, BN3 7QR and **St Theresa's,** Old Shoreham Road, BN42 4RY, 01273 708227; www.brightondeanerywest.org.uk; westhove@abdiocese.org.uk

St Mary Magdalen's, 55 Upper North Street, BN1 3FH; 01273 326793; brightonstmarymag@abdiocese.org.uk

St Peter's, Portland Road, BN3 5GD, 01273 733840, https://www.stpeters-hove.org.uk/; hovestpeters@abdiocese.org.uk

Hospital Chaplain, Royal Sussex County Hospital, T. 01273 696955 Ext. 64122, email celestine.nnolim@nhs.net

For any other contact information, including Safeguarding, please see the relevant parish website or church noticeboards

Mass Schedule		
Sat 30	**May**	**Saturday**
12noon †	SMM	
6.00pm †	SH	People of the Parish
6.00pm	SP	Peace in our world
6.30pm	SG	*Polish Mass*
Sun 31	**May**	**The Most Holy Trinity**
8.30am	SP	People of the Parish
9.00am	ST	Ada on her Baptism
9.30am	SH	Mr Malli Villagala RIP
9:30am	SMM	
10.00am	SP	Stirling
11.00am	SG	All Parishioners
11.00am	SMM	
11.30am	SH	Bridget Walsh RIP
11.30am	SP	David Gibbons RIP
5.00pm	SMM	
5.00pm	SP	*No Brazilian Mass*
Mon 1	**June**	**St Justin**
10.00am †	SH	Michael Dolan Int
Tue 2	**June**	**Saints Marcellinus and Peter**
10.00am	SG	Mary Wippel RIP
10.00am †	SH	Bloy Family (Deceased)
10.00am	SP	Members of Hove Foundation UCM
6.00pm †	SMM	
7.00pm	ST	All Parishioners
Wed 3	**June**	**St Charles Lwanga and Companions**
8.00am	SH	Toni & Allan Int
8.00am	CNCS	
10.00am	SP	Jenny Smith RIP
10.00am	SG	All Parishioners
6.00pm †	SMM	
7.00pm	ST	Joe Cripps RIP
Thurs 4	**June**	**Thursday**
10.00am ‡	SG	All Parishioners
11.00am †	SP	Funeral of Roy Myhill RIP
12noon †	SH	Samuel & Helen Smith RIP
6.00pm †	SMM	
7.00pm	ST	All Parishioners
Fri 5	**June**	**St Boniface**
8.00am	SH	Bertha Driscoll RIP
10.00am	SP	People of the Parish
7.00pm	ST	All Parishioners
6.00pm †	SMM	
Sat 6	**June**	**St Norbert**
12noon	SH	Ada Mitchell RIP
12noon †	SMM	
6.00pm †	SH	Jeffery Marchant Int
6.00pm	SP	Charlotte & Douglas Goodchild RIP
6.30pm	SG	*Polish Mass*
Sun 7	**June**	**The Most Holy Body & Blood of Christ**
8.30am	SP	
9.00am	ST	Agnelo Rato RIP
9.30am	SH	People of the Parish
9:30am	SMM	
10.00am	SP	Patrick Peyton RIP
11.00am	SG	All Parishioners
11.00am	SMM	
11.30am	SH	Heather Prescott RIP
11.30am	SP	*FHC Mass*
5.00pm	SMM	
5.00pm	SP	*Brazilian Mass*

CNCS: Cardinal Newman **SH**: Sacred Heart; **SG**: St George's; **SMM**: St Mary Magdalene's; **SP**: St Peter's; **ST**: St Theresa's; † Adoration before; ‡ Adoration after

Weekly Reconciliation Times

Sacred Heart & St Peter's Saturdays from 5:15–5:45pm.

St George's After Sunday Mass, on request.

St Mary Magdalen Fridays at 5pm, and Saturdays at 11am.

St Theresa's Fridays after the 7:00pm Mass.

Prayer Groups & Devotions

Sacred Heart
Prayer Group: Tuesdays at 10:30am in the parish room. Leave prayer requests in the box at the back of church.
Online Rosary: Fridays at 11am via livestream.

St George's
Rosary Group: Mondays, 6.00–7.00pm in the Lady Chapel.

St Mary Magdalen's
Faith Formation Group: Thursdays, 6:45pm at St Mary Mags, during term time. For anyone interested in joining the Church or learning more about the Catholic faith.
Women's Rosary*:* takes place every Friday at 10:00am. Tea and refreshments are shared afterwards.

West Hove Online Prayer Group
Thursday evenings at 8pm on Zoom, exploring the Bible and aspects of the faith together. Please contact the Parish Office for the Zoom link.

St Peter's
Holy Spirit prayer series: Mondays at 3:30pm and Thursdays at 8pm in the parish hall. Enquiries: faithenginesprayer@gmail.com.
Contemplative Prayer Group*:* Fridays at 7:30pm, in person and online. Enquiries: quietenginesprayer@gmail.com.

St Theresa's
Rosary*:* Wednesday at 6:30pm and Sunday at 8:30am.

Social Groups

Sacred Heart
SVP Social Group: meets after the 12 noon Mass every two weeks for soup, sandwiches, quizzes and friendly company; the next gathering is on 11 June.
Film Club: meets on Saturday 6th June after the 12 noon Mass, showing The Shiralee.

St Mary Magdalen's hosts Table Church, a young adults' group meeting informally after the 11am Mass for refreshments in the community hall to share faith and life experiences.

St George's Tea and Chat takes place after the 10am Mass on the 2nd and 4th Tuesdays of the month, with the next gathering on Tuesday 9th June.

St Peter's Church Social Group (drop in) The St Peter's Church social group meets every Friday from 1:00–3:00pm in the parish hall. Please do join us for light refreshments and friendly conversation.

St Theresa's & St Georges: Celebrating Service and Ministry On the Feast of Corpus Christi St Augustine writes of the Eucharist: "If you are the body and members of Christ, then it is your sacrament that is placed on the table of the Lord; it is your sacrament that you receive. To that which you are you respond "Amen" ("yes, it is true!") and by responding to it you assent to it. For you hear the words, "the Body of Christ" and respond "Amen." Be then a member of the Body of Christ that your *Amen* may be true." So next Sunday we will be celebrating the Body of Christ, present in the Eucharist and present in his gathered people, the Body of Christ, the Church. In doing so we will be celebrating the many different roles that people take up, all the forms of service and ministry that help us to, as Augustine puts it, make our Amen true. We will also be offering the opportunity for people to share more fully, or in new ways, in this great calling to be Christ present in the world.

The Solemnity of the Most Sacred Heart of Jesus will be celebrated at Sacred Heart Church on Friday 12th June at 7.00pm, also it will be a Mass of Thanksgiving celebrating 50 years (Golden Jubilee) of the priestly ordination of the Reverend Monsignor Michael Jackson. It will be followed by a celebration for Mgr Michael in the parish rooms and the car park, weather permitting. Please note that the parish car park will be closed from 1pm on 12th June. Envelopes are available at the back of the Sacred Heart Church if you wish to show your appreciation for Mgr Michael's ministry. All are welcome.

St Peter's Parish Office Please note the parish office is open for enquiries from 9am -12pm Tuesday – Thursday.

Catenian Association a monthly meeting of Catholic men at The Hove Club. For more info cateniansprovince18.org.uk.

Healing Service at St Mary Magdalene's The next Healing Service at St Mary Magdalene's Church will take place on Sunday 7th June at 3pm, with Fr Rod and Fr Alphonse. All are most welcome. The community hall will stay open after Mass until the 3pm service and you are warmly invited to stay for a 'potluck' lunch — please bring a dish if you can. The car park will remain open until 6pm.

St Peter's Archive Team For a baptism, or confirmation certificate contact our team of volunteers by email: saintpeterarchives@gmail.com. Please allow two weeks for documents to be processed.

Newsletter by email please email Lisa, SH Parish Secretary: hovesacredheart@abdiocese.org.uk to be added to the distribution list, this list is for all our churches.

Feast of St Norbert You are warmly invited to join us at St Theresa's for Vespers, followed by fizz and a smorgasbord, in honour of the Feast of St Norbert on Saturday 6th June at 7.00pm. All are very welcome.

Invitation to Spend an Hour with Jesus, our Eucharistic Lord Watchers of Adoration and Intercession are needed in the Blessed Sacrament Chapel at Arundel Cathedral on Wednesday 3rd June and Thursday 4th June in preparation for the Corpus Christi celebrations. Parishioners are invited to spend an hour in silent prayer before the Blessed Sacrament, especially on Wednesday when more volunteers are needed. To sign up, please contact Antonia Moffat at antonia4161@gmail.com or text 07795 192750. If you can help with stewarding, hospitality or refreshments, please contact Louise Sharp at arundel@abdiocese.org.uk.

Fundraising / Giving

Curry Evening Karla is having a curry evening for her Charity ESSR, on Saturday 13th June at the Sacred Heart Parish Room at 7pm. Tickets are £15.00 each and are available after Mass. Please eat and drink and enjoy yourself whilst supporting this wonderful charity.

Soup Run Each week, from Monday to Friday, 7pm at the shelter next to the Angel of Peace on the seafront. For more info, please contact SMM office.

Mary's Meals: Would you like to join a Mary's Meals walking pilgrimage this year? Details of all the pilgrimages are available here: https://www.marysmeals.org.uk/get-involved/charity-events/walk-for-hope. Come on your own or as a group. or contact Roy Peachey from Mary's Meals at info@marysmeals.org.

Cycle of Prayer

During Ordinary Time (Summer), up to September, we are asked to pray for these intentions: a deeper understanding between Christians and Jews; human life; those who suffer persecution, oppression and denial of human rights; Europe; and seafarers.

Roman Suslov

Please pray for the recently deceased:

Roy Myhill RIP who died suddenly last week, his funeral will be at St Peter's Thursday 4th June at 11am.

Jenny Smith RIP who died recently, her funeral will take place at St Peter's at 11:30am Thursday 11 June.

Please also pray for: Canon Colin Wolczak; Cheryl Evans; Chris, Lucy, & Matt Neal; Clive Connor; Eileen Kipling; Elena White; Hanorah & Mat Smith; Julia Fleming; Liz Perkins; Mario Noah; Melvin Shirkie; Peter Cochlin; Rex Curd; Robert (Bob) Selwood; Tom Piggins; Winifred Wilde & Clive Holding.

Sunday 31st May 2026
The Most Holy Trinity

The Gloria
Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.

Amen.

First Reading — Exodus 34:4b-6, 8-9
In those days: Moses rose early in the morning and went up on Mount Sinai, as the LORD had commanded him, and took in his hand two tablets of stone. The LORD descended in the cloud and stood with him there, and proclaimed the name of the LORD. The LORD passed before him and proclaimed, 'The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness.'

And Moses quickly bowed his head towards the earth and worshipped. And he said, 'If now I have found favour in your sight, O Lord, please let the Lord go in the midst of us, for it is a stiff-necked people, and pardon our iniquity and our sin, and take us for your inheritance.'

The word of the Lord.
Thanks be to God.

Responsorial Psalm
To be praised and highly exalted for ever!

Second Reading — Corinthians 13:11-14
Brothers and Sisters: Rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

The word of the Lord.
Thanks be to God.

Gospel Acclamation
Alleluia, alleluia.
Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is and who was and who is to come.
Alleluia.

Gospel — John 3:16-18
For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

The Gospel of the Lord.
Praise to you Lord Jesus Christ.

Profession of Faith
I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down from heaven,
(all bow during the next three lines)
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen.

Invitation to Prayer
May the Lord accept the sacrifice at your hands for the praise and glory of his name,
for our good and the good of all his holy Church.

Sanctus (Holy, Holy, Holy)
Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Invitation to Communion
Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.

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