



## Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,  
Hangleton and West Blatchington*

**St Theresa's:** Old Shoreham Rd, Southwick, BN42 4RY

**St George's:** Court Farm Road, Hove, BN3 7QR

**Parish Priest:** Fr Tony Milner BSc STD

**Home:** 3 Chalky Road, Mile Oak, BN41 2WF

**Telephone:** 01273 313111

**Email:** [tony.milner@abdiocese.org.uk](mailto:tony.milner@abdiocese.org.uk)

**Secretary:** Juliette Sutherland

**Office:** 92 Downland Avenue, Southwick,  
BN42 4RY

**Office Hours:** 09:15-13:15, Tuesday — Friday

**Telephone:** 01273 708227

**Email:** [westhove@abdiocese.org.uk](mailto:westhove@abdiocese.org.uk)

**Website:** [www.brightondeanerywest.org.uk](http://www.brightondeanerywest.org.uk)

**Parish Hall:** St George's Hall, Court Farm Road,  
Hove, BN3 7QR

**Manager:** Sandra Durrant

**Telephone:** 07841 616706

**Email:** [hall.westhove@abdiocese.org.uk](mailto:hall.westhove@abdiocese.org.uk)

**Safeguarding Rep:** Juliette Sutherland

**Email:** [sg1.westhove@abdiocese.org.uk](mailto:sg1.westhove@abdiocese.org.uk)

**The Diocesan Team:** 01293 651148

**Find out more:** <https://www.abdiocese.org.uk/safeguarding/home>

**School:** St Mary's, Church Road, Portslade  
[www.stmarys.brighton-hove.sch.uk](http://www.stmarys.brighton-hove.sch.uk)

**Also serving the parishes:**

**Cottesmore:** [www.cottesmore.brighton-hove.sch.uk](http://www.cottesmore.brighton-hove.sch.uk)

**Cardinal Newman:** [www.cnccs.co.uk](http://www.cnccs.co.uk)



If you use Facebook, please join our group page,  
**Catholics West Hove**

[www.facebook.com/groups/1510048742698794/](http://www.facebook.com/groups/1510048742698794/)

### This week the foodbank needs:



**Cooking Sauce** (e.g. curry);

**Instant Custard;**

**Loo Rolls;**

**Pasta Sauce;**

**Shower Gel;**

**Spray Deodorant** (more hygienic to share than roll-ons);  
**Squash;**

**Sweet Snacks** (e.g. chocolate);

**Tinned Custard;**

**Toothbrushes** - multipacks of four and single packs  
(we do not open packs for hygiene reasons);

**Vegetarian Tinned Meals** (e.g. veg chilli or curry)

Donations may be dropped into the boxes at the back of  
either of our churches.

*Thank you for your support.*

**26<sup>th</sup> November 2023: Christ The King  
Weekdays: Week 34, Year 1**

### Fr Tony Writes:

Today is the feast of Christ the King—the end of the liturgical year, when we look forward to the time when all creation comes under Christ's rule.

Next weekend Advent begins, and we begin a new liturgical year. We have chosen that new beginning as the time to re-introduce **Holy Communion under both kinds** at Sunday Masses.



In order to be able to offer Communion from the chalice on Sundays, we will also be commissioning our Extraordinary Ministers of Holy Communion at the Masses.

This is a good point at which to remind ourselves of some theological and practical points.

- Jesus is fully present under either form of Holy Communion, whether the Sacred Host or the Precious Blood. So it is, of course not necessary to receive under both kinds. However, "Holy Communion has a fuller form as a sign when it takes place under both kinds" (Roman Missal, n. 281).
- When receiving Communion from the chalice, the minister will offer you the chalice with the words, "The Blood of Christ". You respond, "Amen" and take the chalice from the minister with both hands, take a small sip of the Precious Blood, and then return the chalice to the minister.
- While the risk of passing on any infection via the chalice is low, it is courteous not to receive from the chalice if you know you have an infectious disease.

We will also be marking the 'New Year' by launching our **Parish Directory**. I will be saying more about that next week, but it will be a great opportunity to recognise the many different things that go on in our parish, and also to say 'thank you' to all those who help make them possible.

### Our final SycamOre session this Wednesday will be:

#### The Meaning of Love

What is love? How can I find genuine love and friendship? How can I learn to love those around me? What does it mean to know that I am loved by God? This Sycamore film looks at the meaning of love and gives lots of stories from the Bible and from the example of the saints about how love can transform our lives.

**7:45pm, St Theresa's**

There will be Mass at 7pm, followed by refreshments. After the session, at around 9 pm, there will be Night Prayer.

*All welcome, even if you have not been to previous sessions.*



During Advent we will be offering the Invited Course provided by the diocese. The sessions will take place after the Wednesday 7pm

Mass, in a similar way to Sycamore. For more information about Invited see [www.abdiocese.org.uk/invited](http://www.abdiocese.org.uk/invited).

**We continue to pray for the people of Ukraine. For more information and ways to support them see:**  
[cbcew.org.uk/category/cbcew/international/countries/ukraine/](http://cbcew.org.uk/category/cbcew/international/countries/ukraine/)

## Please Pray For...

### All who are sick in the parish particularly:

Cheryl Evans, Colette, Elizabeth Hopkins, Julie Laker, Terry Phipps and Tom Hulse.

### Those on our regular prayer list including:

Eileen McLoughlin, Joyce Monasingh, Maria Parente, Jean Ryan, Chris & Vince Neal.

### Those who have died recently especially:

Patrick Atkinson and Malcolm Allwright. A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

## Reflection & Training for Extraordinary Ministers of Holy Communion

Saturday 2nd December, 2 to 4pm, St Theresa's

We are planning to re-introduce Communion from the Chalice at Sunday Masses from the beginning of Advent. This time of reflection and training is for both new and current ministers.

2pm: Short talk on the Eucharist

2:15: Adoration

2:45: Practicalities of distributing Holy Communion during Mass

3:45 Tea & cake



We invite all ministers and prospective ministers from the parish to join us for this. If you would like to become an Extraordinary Minister of Holy Communion, please speak to Fr Tony.

## Weekly Timetable

<b>Sat 25th Nov</b> <i>St Catherine of Alexandria</i>	Confession 4:45-5:15pm 5pm Evening Prayer 5:30pm Mass, St Theresa's	<i>Holy Souls</i>
<b>Sun 26th Nov</b> <i>Christ The King</i> <i>Youth Sunday</i>	8:30am Morning Prayer 9am Mass, St Theresa's 11am Mass, St George's	<i>All Parishioners</i> <i>Kathleen 'Kitty' Mckenzie RIP</i>
<b>Tues 28th Nov</b>	10am Mass, St George's <i>Followed by Tea &amp; Chat</i>	<i>Alphonso &amp; Moonjapilly family RIP</i>
<b>Wed 29th Nov</b>	7pm Mass, St Theresa's 7:45pm: Sycamore	<i>Holy Souls</i>
<b>Thurs 30th Nov</b> <i>St Andrew</i>	10am Mass, St George's <i>Adoration to 10:45</i>	<i>Holy Souls</i>
<b>Fri 1st Dec</b> <i>St Charles de Foucauld</i>	10am Mass, St Theresa's <i>Adoration to 10:45</i>	
<b>Sat 2nd Dec</b>	Confession 4:45-5:15pm 5pm Evening Prayer 5:30pm Mass, St Theresa's	<i>All Parishioners</i>
<b>Sun 3rd Dec</b> <i>1st Sunday of Advent</i> <i>Migrant Sunday</i>	8:30am Morning Prayer 9am Mass, St Theresa's 11am Mass, St George's	<i>Cosme &amp; Conception Rodrigues RIP.</i> <i>Mary Sumner RIP</i>



## St Peter's West Blatchington Christmas Tree Festival 2023 'Hobbies'

Our parish has been asked to take part in a Christmas Tree Festival, hosted by St Peter's church, West Blatchington (just up the road from our St George's). Our chosen theme is: *'Oh I Do Like to Be Beside the Seaside'*. Please do go along and look at our tree, decorated by the children of our parish.

 18 Decorated Trees	 Memory Tree	 Craft Table	 Pop-up Café	 Treasure Hunt	 Silent Auction	
 Entrance: Adults £2.50, Children 50p	 Thursday 30 <sup>th</sup> November: 1pm – 8pm	 Friday 1 <sup>st</sup> December: 1pm – 8pm				
 Saturday 2 <sup>nd</sup> December: 10am – 4pm	 Advent Carols on: Sunday 3rd December at 5pm					

### MISSIO Red Boxes

If anyone has a red box that needs emptying please bring it to church as we are trying to complete this before Christmas. Teresa at St Theresa's or Patti Cooke at St George's. Thank you for the support the Parish has shown for the missionaries.



### CAFOD Israeli-Palestinian Crisis Appeal

Donate to CAFOD's Israeli-Palestinian Crisis Appeal at [cafod.org.uk/ipc](https://cafod.org.uk/ipc) or call 0303 303 3030. Your donation will help support aid workers providing urgent humanitarian aid including food, water and emergency shelter to those in need. *Thank you for your prayers.*

**Consultation on admission arrangements for St Mary's Catholic Primary School for 2025-26 Academic Year.** Notice is hereby given in accordance with legislation that the governing body as the admission authority for St Mary's Catholic Primary School is formally consulting on its proposed admission arrangements for the school year 2025-26. The six-week (minimum) consultation will begin on 20th November 2023 with the closing date for submitting comments being 1st January 2024. Please see church notice boards for further information.