



## Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,  
Hangleton and West Blatchington*

**St Theresa's:** Old Shoreham Rd, Southwick, BN42 4RY

**St George's:** Court Farm Road, Hove, BN3 7QR

**Parish Priest:** Fr Tony Milner BSc STD

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**Find out more:** <https://www.abdiocese.org.uk/safeguarding/home>

**School:** St Mary's, Church Road, Portslade  
[www.stmarys.brighton-hove.sch.uk](http://www.stmarys.brighton-hove.sch.uk)

**Also serving the parishes:**

**Cottesmore:** [www.cottesmore.brighton-hove.sch.uk](http://www.cottesmore.brighton-hove.sch.uk)

**Cardinal Newman:** [www.cncs.co.uk](http://www.cncs.co.uk)

### Eucharistic Healing Service

Sunday 7th July, 3pm — 4:30pm

**A time of prayer, reflection and music. Praying for the healing of our families, for those we know in need and for ourselves, and for our society.**

Please note: due to the temporary closure of St Mary Magdalen the healing service will now take place at **St Peter's church, Hove.**



### Southwick Churches Together



We meet at 9:30 every Wednesday morning, at St Michael's Church in Southwick, for a short service, led by people from churches in the local area. There are refreshments afterwards.

**All are welcome!**

**7<sup>th</sup> July 2024: 14<sup>th</sup> Sunday of Ordinary Time, Yr. B**  
**Weekdays: 14<sup>th</sup> Week of Year II**

### Fr Tony Writes

I am writing this just as the final few results of the General Election are coming through. Whoever you voted for, and however you feel about the result, let us pray for the incoming government, that they may seek the Common Good, and that they may make wise choices in doing so. The challenges facing our country, and indeed our world, are huge. To face them effectively we need to move away from the politics of division, distrust and indeed fear, to a politics of respect, civility and co-operation. Of course there will be differences of opinion. But the more we recognise that we all face similar challenges, not just in our country but globally, the more we understand our common humanity, the better chance we have of working together to make a real difference.

This week I am off on my annual retreat. I will be at St Beuno's, the Jesuit retreat house in North Wales. Priests are expected to make an annual retreat, partly because if we do not attend to our own spiritual lives we are not going to be much use in helping others to grow in prayer and love of God. So I will be away next weekend. Fr Paul and Fr Celestine will look after you in my absence!

For more on St Beuno's see:

[www.beunos.com](http://www.beunos.com)



This weekend readings present us with two barriers to our being effective disciples in our world. In the Gospel people reject Jesus because they place limits on him based on his background. We should not let the opinion of others prevent us from following God's call for us.

St Paul, on the other hand, struggles with some unknown weakness, which he refers to as a 'thorn in the flesh'. We do not know what Paul's difficulty was. But when we are discouraged by our own weakness, our own sense of inadequacy to whatever we are called to or must face up to, we need to hear the words of the Lord spoken to Paul, "My grace is enough for you". In fact, because our weaknesses remind us that we are not self sufficient, causing us to look for help from God and others, they actually lead us to a much richer life where, in communion with God and one another, we can come to pray with St Paul:

Glory be to him,  
whose power, working in us,  
can do infinitely more  
than we can ask or imagine.

This was the prayer on my ordination prayer card. I will be celebrating my 31st anniversary of ordination while I am away (on July 16th). Do remember me in your prayers, as I will pray for all of you while on retreat.

**We continue to pray for the people of Ukraine. More info: [cbcew.org.uk/category/cbcew/international/countries/ukraine/](http://cbcew.org.uk/category/cbcew/international/countries/ukraine/)**

## Please Pray For...

### All who are sick in the parish, particularly:

Cheryl Evans, Helen, Chris Neale, Boni Rodrigues, and Winifred Wilde.

### Those on our regular prayer list including:

Chris & Vince Neal, Deacon Richard Harvey, Eileen Kipling, Elizabeth Hopkins and Elizabeth Smith.

### Those who have died recently especially:

Fr Lawrence Quin-Morris, Jean Lamb, Eileen McLoughlin, and Julie Laker.

### As well as those whose anniversaries occur this month.

A full list of sick parishioners and anniversaries can be found on the parish website.

## Preparing for the Sacraments

At the heart of the life of the church are the Sacraments, and so one of the core activities of any parish is the preparation of people to receive the Sacraments. As we implement the bishop's Pastoral Plan, in which the churches will co-operate more and more, we are in the process of coordinating our approach with our neighbouring parishes (Sacred Heart, St Peter's, Hove & St Mary Magdalene).

### Baptism of Infants (those under the age of 7)\*

Preparation for families is offered by both ourselves and Sacred Heart. We will be running courses alternately once a month from September. Contact the parish office if you wish to have your child baptised.

\* Children over the age of 7 will be prepared through the First Holy Communion programme or Confirmation programme, as appropriate.

### First Holy Communion

Children in year 3 or above are eligible to make their First Holy Communion. Again, preparation will be offered by Sacred Heart and ourselves, with the First Holy Communion celebration taking place at the church normally attended by the family. There may also be a course offered at St Peter's if numbers demand. **We will be providing application forms before the summer break so we can plan effectively for the year to come.**

### Confirmation

Confirmation is offered to those young people in secondary school who are ready to make a personal commitment to Christ and the Church in their life of faith: to *confirm* for themselves the commitment made at their baptism by their families, and have that *confirmed* by the Church. Sacred Heart will continue to run the preparation course for our churches. Candidates will also be expected to get involved in some way in their local church. Contact Fr Tony for more details.

### Marriage

Fr Tony is setting up a preparation course for the whole deanery. Courses will run once a term from the New Year onwards. Couples are required to give one years notice of their marriage. If you are engaged and plan to get married in church, please contact Fr Tony ASAP, even if you haven't begun talking about a date!

## Weekly Timetable

Sat 6th July	6pm Mass, St Peter's, Hove	
<b>Sunday 7th July</b> <i>14th Sunday of Ordinary Time</i>	<b>10:30am Celebration Mass,</b> <i>Followed by Summer Fete,</i> <i>St Mary's School, Portslade.</i>  <b>NB. No Mass at St Theresa's or St George's</b>	<i>All Parishioners</i>
<b>Tues 9th July</b>	10am Mass, St George's <i>followed by Tea &amp; Chat</i> (Fr Paul)  7pm Mass, St Theresa's (Fr Celestine)	
<b>Wed 10th July</b>	7pm Mass, St Theresa's (Fr Celestine)	
<b>Thurs 11th July</b> <i>St Benedict Abbot</i>	10am Mass, St George's <i>followed by Adoration</i> (Fr Paul)  7pm Mass, St Theresa's (Fr Celestine)	
<b>Fri 12th July</b>	10am Mass, St Theresa's <i>followed by Adoration</i> (Fr Paul)  7pm Mass, St Theresa's (Fr Celestine)	
<b>Sat 13th July</b>	6pm Mass, St Peter's, Hove	
<b>Sunday 14th July</b> <i>Sea Sunday</i>	9am Mass, St Theresa's <i>with Children's Liturgy</i> (Fr Celestine)  11am Mass, St George's (Fr Paul)	<i>Cora &amp; Brian Owen ints</i>

## Special Collections

Sunday 14th July: Sea Sunday

**Join our team!** The Diocese is recruiting a Choral Director who will partner with up to 12 diocesan schools in Sussex to implement and develop the diocesan Schools Singing Programme (SSP), develop choral singing, nurture potential and forge links with parish communities. For more information and to apply, visit: [abdiocese.org.uk/careers/choral](http://abdiocese.org.uk/careers/choral). Contract: FT (PT considered), term-time only; 2 year FTC. Salary: £26-28,000. Closing date: 18 July.

## Parish Giving — Ways to Give

- ◆ By Standing Order using these details:  
Account name:  
RCD Arundel and Brighton, Our Lady Star of the Sea.  
Sort Code: 40-05-20.  
Account number: 4107 6558.
- ◆ By Cheque payable to: *RCD Arundel and Brighton, Our Lady Star of the Sea.*
- ◆ Online, by scanning the QR Code. **Remember to add gift aid if you are a UK tax payer.**

