



**St George's & St Theresa's**  
*Serving Southwick, Portslade,  
 Hangleton and West Blatchington*

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[www.stmarys.brighton-hove.sch.uk](http://www.stmarys.brighton-hove.sch.uk)  
**Also serving the parishes:**  
**Cottesmore:** [www.cottesmore.brighton-hove.sch.uk](http://www.cottesmore.brighton-hove.sch.uk)  
**Newman:** [www.cncs.co.uk](http://www.cncs.co.uk)

**20<sup>th</sup> February 2022: 7<sup>th</sup> Sunday of the Year**  
**Sunday: Year C Weekdays: Year 2, Week 7**

**Fr. Tony Writes: Lent is coming!**

Lent is great season of grace. A chance to refocus ourselves on the wonderful mysteries of our faith. A time to recall the amazing love of God, revealed to us in the life, death and resurrection of Jesus Christ.



**PRAY FAST GIVE**

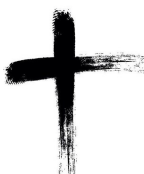
There are plenty of things going on in Lent to help us on our journey. Many of them are detailed in

the panel below. At the heart, of course, are the threefold elements of Lent: Prayer, fasting and almsgiving. These all involve a turn away from self and selfishness, and a turn to others and to God.

Now is a good time to start to think about how we might keep Lent this year. How we might grow in our life of prayer. How we might lay aside some things in self denial to allow more room for God and for others. How we might share from what we have to help those less materially fortunate than ourselves. How we might die to self in order to rise with Christ!

**Ash Wednesday**

Ash Wednesday is on 2<sup>nd</sup> March. There will be Masses with the Distribution of Ashes at 10am at St George's and 7:30pm at St Theresa's.



**Stations of the Cross, Thursday & Friday evenings**

Alternating between St Theresa's and St George's, Stations will take place at 7:30pm on Friday evenings starting on 4<sup>th</sup> March at St George's. Also, the zoom prayer group, which meets on Thursday evenings, will be praying the Stations during lent. Contact the parish office for a link.

**Friday Soup Lunches**



There will be a simple soup and roll lunch after midday Mass at St Theresa's on Fridays during Lent. There will also be adoration before Mass from 11am. **Volunteers needed to make and serve the soup!**

**Family Fast Day, 11<sup>th</sup> March**

On Family Fast Day, as part of our Lenten fasting, we are encouraged to eat simply and frugally, and give the money we save to help those who are hungry through poverty or displacement. CAFOD envelopes will be available for your donations, and will be collected the following weekend.



**Half Day Retreat, Saturday 12<sup>th</sup> March**

There will be a half day retreat for the Deanery, run by the Benedictines, at St Martha's Convent, Rottingdean, from mid morning to mid afternoon. More details to follow—but save the date now!

**Wednesday Adoration**

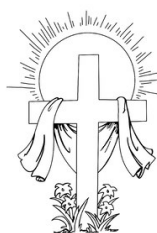
There will be no adoration before Mass on Wednesdays from this week. However, from 16<sup>th</sup> March there will be adoration *after* Wednesday evening 7:30 Mass, concluding with a simple benediction at 9pm.



**Reconciliation Service, Palm Sunday, 10<sup>th</sup> April**

There will be a Reconciliation Service at St George's on Palm Sunday afternoon at 3pm. This takes the form of a short service which includes readings, a short homily and examination of conscience, followed by individual confessions. There will be several priests present to hear confessions.

**Holy Week & Easter Sunday, 17<sup>th</sup> April**



The Triduum (Holy Thursday, Good Friday and the Easter Vigil) this year will once again be held at St Theresa's. This is to allow the Polish community to celebrate their Triduum at St George's. Easter Sunday Masses will be as usual (9am St Theresa's, 11 am St George's).



## Please pray for

All who are sick in the parish, especially Ronald Paine, Pietro Addis, Hattie Baker and Jean Ryan. Also those who have died recently, especially Nathalie Soffe and Aimee Roberts, those who have been recently bereaved, and those whose anniversaries occur around this time.



## World Day of Prayer, Friday 4<sup>th</sup> March.

St Peter's West Blatchington  
(by the windmill) 10:30am.

Or Southwick Methodist Church, 2pm.

This year's theme is: *'I know the plans I have for you.'* All are welcome.

## Lourdes 2022



This year's Pilgrimage (29<sup>th</sup> July to 4<sup>th</sup> August 2022) is 'Love In Action'. We are receiving several applications from Pilgrims who will require assistance to join this year's Lourdes Pilgrimage, but at this point **we are short of Helpers, Nurses and Doctors to assist with their Pilgrimage.** Please do consider applying for these roles. The Pilgrimage Office is happy to answer any questions anyone has prior to applying.

The application form is available at: [www.abdiocese.org.uk/lourdes](http://www.abdiocese.org.uk/lourdes)

## Ecumenical Prayer Walk

11am Sat 26<sup>th</sup> Feb, Southwick Methodist Church - to the square. Come along!

## UNIVERSE CATHOLIC WEEKLY

*The Universe Catholic Weekly* is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber, none other than His Eminence Cardinal Vincent Nichols. Order your Digital four weeks **FREE** trial by calling Michelle on: 07436 617 650 or email: [michelle.jones@universecatholicweekly.co.uk](mailto:michelle.jones@universecatholicweekly.co.uk)

## Second Collections 2022

This weekend's second collection is for:  
*Racial Justice Sunday*

## Weekly Timetable

<b>Saturday 19th Feb</b>	4:45 - 5:15pm Confessions 5:30pm Mass, St Theresa's	All Parishioners
<b>Sunday 20th Feb</b> <i>7th Sunday of the year</i>	9am Mass, St Theresa's 11am Mass, St George's	Mary Phyllis Dixon RIP Brendan Donaghy RIP
Tuesday 22nd Feb <i>Chair of St Peter</i>	10am Mass, St George's	Holy Souls
Wednesday 23rd Feb <i>St Polycarp</i>	<i>No Mass or Holy Hour</i>	
Thursday 24th Feb	10am Mass, St George's	Mary Dalton RIP
Friday 25th Feb	10am Mass, St Theresa's	Patricia Weatherseed RIP
<b>Saturday 26th Feb</b>	4:45 - 5:15pm Confessions 5:30pm Mass, St Theresa's	All Parishioners
<b>Sunday 27th Feb</b> <i>8th Sunday of the year</i>	9am Mass, St Theresa's 11am Mass, St George's	McKenzie Family RIP Mary and Stuart Spencer 60th wedding Anniversary



**The World Meeting of Families** takes place in Rome in June this year. However, many of the events will be online, and so we will be able to participate with our families from our own homes. To help prepare for this the diocese is looking for representatives from the parishes to come to a **Planning and Idea Sharing Webinar on Monday 28th Feb at 7:30pm.** If you are interested please email Fr. Tony.



## The Bartimaeus Project

is a formation programme on our Catholic Faith. The title "The Bartimaeus Project" comes from Bartimaeus' request to Jesus "Lord let me see". He is, of course, asking for physical sight, but in the Gospel that is also a metaphor for understanding.

The first series of sessions will be in March, beginning on **Tuesday 1<sup>st</sup> March at 7:30pm.** The first session is entitled:

**'Speak, Lord, your servant is listening' God's Revelation.**

Further sessions in the month will deepen our understanding of Revelation—how God speaks to us—and the Bible. Each session will be led by a speaker in their parish hall or church, and streamed to other participating parishes, where there will be a chance to discuss the talk afterwards. People will also be able to participate from home via zoom. More information can be found at:

[bartimaeus-project.org](http://bartimaeus-project.org)

An evening with



A chance to hear about his life and the God who changed it. Friday, 8th April 2022, 7:30pm - 9:00pm, Bishop Hannington Church. To book go to [bhmc.org.uk](http://bhmc.org.uk) or call 01273 732965. This is a free event.