



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

Parish Priest: Fr Tony Milner BSc STD

Home: 3 Chalky Road, Mile Oak, BN41 2WF

Telephone: 01273 313111

Email: tony.milner@abdiocese.org.uk

Secretary: Juliette Sutherland

Office: 92 Downland Avenue, Southwick,
BN42 4RY

Office Hours: 09:15-13:15, Tuesday — Friday

Telephone: 01273 708227

Email: westhove@abdiocese.org.uk

Website: www.brightondeanerywest.org.uk

Parish Hall: St George's Hall, Court Farm Road,
Hove, BN3 7QR

Manager: Sandra Durrant

Telephone: 07841 616706

Email: hall.westhove@abdiocese.org.uk

Safeguarding Rep: Juliette Sutherland

Email: sg1.westhove@abdiocese.org.uk

The Diocesan Team: 01293 651148

Find out more: <https://www.abdiocese.org.uk/safeguarding/home>

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cnccs.co.uk



If you use Facebook, please join our group page,

Catholics West Hove

www.facebook.com/groups/1510048742698794/

THE FOODBANK WILL NOT BE OPEN ON WEDNESDAY 13th MARCH. Please do not bring donations to the hall as we will not be there to accept them! Our existing clients had extra large parcels last week to help tide them over. We will reopen on Wednesday 20th March. Donations may still be dropped into the boxes at the back of either of our churches however, due to the temporary closure of St George's this week, any donations will be taken over to the food bank the following week. *Thank you for your support.*



Missio Red Boxes

Many thanks to Moira Doyle who has kindly agreed to take on the role of Local Secretary for St Theresa's, Southwick. Patricia Cooke will continue to be responsible for the St George's box holders. Thank you for all their efforts, and thank you to the box holders for their continued support.



**10th March 2024: 4th Sunday of Lent, Year B:
'Laetare' Sunday. Weekdays: Lent Week 4**

Fr Tony Writes:

Rejoice! That is the first word of the entrance antiphon today, in Latin *Laetare*, which gives this Sunday its name. It is also Mothering Sunday (or Mother's Day). There are a number of reasons for this link. The Entrance antiphon goes on to portray Jerusalem as a mother, and, perhaps linked to this, it was a day when people, especially those in 'service', returned to their 'mother church', the place of their baptism, and in doing so would also visit their own mothers, who likely still lived in the same parish.

This theme of return is found in our readings today. The people of Israel were exiled from their homeland under the Babylonians, but got to return to their own land after the Persians conquered the Babylonians.

Sometimes people wonder where all the young people are in church. What can we do to bring them back? Well, my experience suggests we simply wait and be open. Many who drift away as teenagers or young adults, once they start a family of their own, want their children to be part of the Church, and so return to it themselves. If you are one of those, you are very welcome. Indeed, our welcoming of families is key to the future of our Church!

So Happy Mother's Day! Rejoice! I hope you all feel very welcome and at home in 'Mother' Church!

Last week I spoke of the parish finances...

I pointed out that last year our spending was £20K more than our income. One parishioner pointed out that this information is not helpful on its own. What does it mean for us? Well, with something like 100 active households in the parish, each giving weekly, then that works out at an average increase in giving of £4 per household per week. That is not a huge amount, around the price of a coffee and less than a pint of beer. Nonetheless, some of you may find that too much. Then again, others may be able to afford to increase by a bit more than that. Maybe some of you don't give regularly at present and would like to do so.

For further context, essential work on the electrics at both churches, and repair work on the heating and car park at St Theresa's, is going to cost us about 15K in the coming weeks!

We don't get any funding other than that which we generate ourselves, so please be generous if you can. Details of ways to give can be found on the facing page.

Monk Talks: Preparing for Holy Week and Easter

An illustrated talk from the resident monks in Brighton, reflecting on the liturgy of Holy Week and the Triduum, to deepen our understanding of the three most holy days of the year.

Join the Monks for Prayer at **6pm, Tue, 12th March in St John the Baptist Church**, Kemptown, followed by a soup and bread supper at **6:30pm** in the **Fitzherbert Community Hub** with the talk at **7pm**, finishing with Compline at 8:15pm.

You are welcome for all or part of the evening.

We continue to pray for the people of Ukraine. More info: cbcew.org.uk/category/cbcew/international/countries/ukraine/

Please Pray For...

All who are sick in the parish, particularly:
Canon Colin, Cheryl Evans, Deacon Richard Harvey, and Winifred Wilde.

Those on our regular prayer list including:
Maria Parente, Marion Shannon, Paddy Dixon, Sandra Yelbeck, Terry Phipps and Tom Hulse.

Those who have died recently especially:
Martin Siney, Colette, and Fr Stephen Ortiger OSB.

As well as those whose anniversaries occur this month.
A full list of sick parishioners and anniversaries can be found on the parish website.

Welcomers

We are in need of a few more welcomers at the 9am Mass at St Theresa's please. We are more than happy for families to do it together, so if you have little ones, don't let that put you off! Equally, if you would like to put yourself forward to be paired up with another volunteer, that would be great too! Please speak to Fr Tony or email the office.

Liturgy: Why We Do What We Do

**St Theresa's Church, Southwick
Wednesdays, 13th & 20th March at 7:45pm,
after 7pm Mass and refreshments**

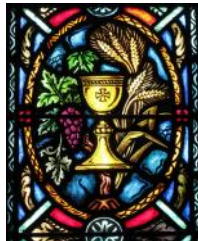
We will be exploring:

Pancakes and Ash: The Liturgy of Lent (Session 2), and
Palms to Easter Eggs: The Liturgy of Holy Week (Session 3)
The way we in the Church celebrate Lent and Holy Week is part of a story which has spanned more than two thousand years of history. In the course of these sessions we will explore why we do what we do and how it can help us engage with the most important events of human history. These sessions will be **led by Fr Paul**, all are welcome.

Reflection & Formation for Ministers of Communion

St George's, Sat 23rd March, 3pm- 4:45pm

This will include a short talk, a period of adoration, a session looking at how things are going so far, sorting out any difficulties, guidance on purifying the vessels, and on how to expose and repose the Blessed Sacrament for Adoration. **Led by Fr Tony.**



Parish Giving — Ways to Give

- ◆ By setting up a standing order using these details:
Account name:
RCD Arundel and Brighton Our Lady Star of the Sea.
Sort Code: 40-05-20.
Account number: 41076558.
- ◆ By putting a cheque in the collection or sending it to the Parish Office. Make the cheque payable to:
RCD Arundel and Brighton Our Lady Star of the Sea.
- ◆ Online, by scanning the QR Code.

**Remember to add giftaid
if you are a UK tax payer**



Weekly Timetable

Sat 9th March <i>St Frances of Rome</i>	5:15– 5:45pm Confessions, St Peters 6pm Mass, St Peters	
Sun 10th March 4th Sunday of Lent Laetare Sunday	9am Mass, St Theresa's <i>With Children's Liturgy</i> 11am Mass, St George's	<i>Glen & Michelle Evans RIP All parishioners</i>
Tues 12th March	No morning Mass 7pm Mass, St Theresa's*	
Wed 13th March	7pm Mass, St Theresa's 7:45pm: Talk: <i>Fr Paul</i>	<i>Private Intention</i>
Thurs 14th March	No morning Mass 7pm Mass, St Theresa's*	
Friday 15th March	10am Mass, St Theresa's 7pm Stations of the Cross, St Theresa's, followed by Mass*	
Sat 16th March	5:15– 5:45pm Confessions, St Peters 6pm Mass, St Peters	
Sun 17th March 5th Sunday of Lent	9am Mass, St Theresa's <i>With FHC Families</i> 11am Mass, St George's	<i>All Parishioners Bianca Somaweera RIP</i>

* With Fr Celestine

Parish Penitential Service

There will be a parish penitential service, with a number of confessors, at St Theresa's, Palm Sunday, 24th March, 3pm.

The Easter Triduum will be held at St George's this year

Thu 28th March	Mass of the Lord's Supper <i>Watching until midnight</i>	8pm
Fri 29th March	Commemoration of the Passion	3pm
Sat 30th March	The Easter Vigil	8pm

There will also be a Good Friday Ecumenical Walk of Witness in Southwick, starting at 11:30am at the Community Church.

And we hope to be offering a children's Stations of the Cross at some point. Watch this space!

St George's Temporary Closure

St George's Church and Parish Hall needs to close this week from Monday 11th March until Friday 15th March, due to extensive electrical work. The works are essential, and closure is unavoidable. Therefore there will be **no Mass at St George's on Tuesday 12th or Thursday 14th March** and no activities in the Hall this week also. We hope this does not cause too much inconvenience and appreciate your understanding.

Gift Aid

If you are a Gift Aid Donor, please ensure that Juliette has your email address, so she can email your end of year tax statement. This will help the parish save costs with envelopes and postage. Please email ga.westhove@abdiocese.org.uk. Please be assured that your details are never passed on.