



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

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Find out more: <https://www.abdiocese.org.uk/safeguarding/home>

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cnccs.co.uk



If you use Facebook, please join our group page,
Catholics West Hove

www.facebook.com/groups/1510048742698794/

We continue to pray for the people of Ukraine.

For more information and ways to support them see
cbcew.org.uk/category/cbcew/international/countries/ukraine/

Morning & Evening Prayer

Starting Saturday 2nd September 2023

◇ Saturdays at St Theresa's,
Evening Prayer at 5pm (said)

◇ Sundays at St Theresa's,
Morning Prayer at 08:30am (sung)

There are a limited number of books available for use,
but should you have a smart phone or iPad then we
recommend the App:

<https://universalis.com/>

30th July 2023: 17th Sunday of Year A
Weekdays: 17th Week in Ordinary time, Year: A(I)

Fr Tony writes:

Today's second reading contains one of my favourite verses of Scripture, and one I often quote:

***We know that by turning everything to their good,
God co-operates with all those who love him...***

This reminds us of the power of God to bring good out of all things, including things that are objectively evil. The most obvious example of this is the Cross.

In order that we may have true freedom, and for creation to have its own autonomy, God allows suffering and evil in the world. Indeed God, in Jesus, truly encountered that suffering. God shows his power, not by abolishing that evil (which would also abolish freedom, and therefore, among other things, the ability to love), but by transforming its effects through providence.

Paul, who wrote these lines, had experienced this for himself. He experienced much suffering and evil, both himself and in others, even evil he himself had committed. Yet despite all this he can write that God turns *everything* to their good.

One way in which God does this is through us, when we refuse to believe that evil will have the last word, and when we always live lives marked by faith, hope, and love, confident in the promises of God.

Something to ponder for the summer holidays!!
I hope everybody gets a chance for a break.



This week we are most in need of:

Biscuits

Cereal

Custard

Rice - 0.5kg and 1kg bags are most helpful

Rice pudding

Savoury snacks

Sugar - 1kg bags please

Tinned pulses

Donations may be brought to the hall on Wednesdays
10:30—11:45am, or dropped into the boxes at the back
of either of our churches.

Thank you for your continued support.

Please Pray For...

All our pilgrims going to Lourdes this week. All who are sick in the parish, particularly Tony Fleming, Tom Hulse, Elizabeth Hopkins, Peter Rolph, Cheryl Evans, Julie Laker and Terry Phipps.

Those on our regular prayer list including: Eileen Kipling, Eileen McLoughlin, Joyce Monasingh, Chris and Vince Neal, Maria Parente and Jean Ryan.

Please also pray for those who have died recently especially Thomas Bonner, Janis Claxton-White and Beric Williams; Beric was a teacher at Newman and in later years played the organ for St Theresa's.

A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

Refreshments after Mass

We could do with a few more volunteers to go on the refreshments rota please. More helpers are needed at **all three weekend Masses**.

Please let the parish office know if you are able to help regularly; or even occasionally (as a reserve).

We normally have two volunteers at a time running the refreshments stall.

If you would like to shadow someone, to learn the ropes, i.e., how to use the coffee machine etc, please let the office



Weekly Timetable

Saturday 29th July <i>Sts Martha, Mary & Lazarus</i>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	
Sunday 30th July <i>17th Sunday in ordinary time</i>	9am Mass, St Theresa's 11am Mass, St George's	<i>Boni & Sacramento 40th anniversary</i> <i>All Parishioners</i>
Tuesday 1st August <i>St Alphonsus Liguori</i>	10am Mass, St George's	<i>Health & recovery of Cheryl Evans</i>
Wed 2nd August <i>St Eusebius of Vercelli</i>	7:30pm Mass, St Theresa's <i>Adoration to 8:30pm</i>	<i>Janis Claxton-White RIP</i>
Thursday 3rd August	10am Mass, St George's	<i>Eleanor & George T. Langley RIP</i>
Friday 4th August <i>St John Mary Vianney</i>	10am Mass, St Theresa's	<i>Deceased members of the Evans family</i>
Saturday 5th August <i>Dedication of the Basilica of St Mary Major</i>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	
Sunday 6th August <i>The Transfiguration of the Lord</i>	9am Mass, St Theresa's 11am Mass, St George's	<i>All Parishioners</i> <i>Vicenta Garcia RIP</i>



What do you believe?



Wednesday Evening Faith Formation begins in September!

We will start in the Autumn with Sycamore. This is an informal course about the Christian faith and its relevance for life today. It will give us the opportunity to explore, share, and renew our faith.

Each Sycamore session involves a short film and time for discussion. Visit sycamore.fm for more information about the programme.

Each Wednesday there will be Mass at 7pm, followed by simple refreshments. The Sycamore session will begin at 7:45, and conclude at 9:15. There will then be a short 'night prayer' for those who wish to stay for that. All will finish by 9:30pm.

We begin on Wednesday 27th September, and continue through to the end of November. As part of the programme there will also be a 'retreat day' on Saturday 11th November.

All are welcome!

"An amazing experience"

"The questions are incredibly relevant"
"I finally found an opportunity to think about my life"
"Interesting and thought-provoking discussions"
"It's a great programme!"