

Catholic Parish of Brighton and Hove: West Hub

Sacred Heart; St George's & St Theresa's; St Mary Magdalen's; St Peter's

Canon Colin Wolczak; Fr Paul Wilkinson; Fr Tony Milner; Fr Alphonse Kabore; Canon David Parmiter

Sunday 5th July 2026, 14th Sunday of the Year, Year A, Weekdays: Week 26, Psalter Week 2



We are delighted to hear the news that Fr Stephen Wang, currently Rector of the English College in Rome has been appointed as our new Bishop. Please keep Bishop Elect Stephen in your prayers. He will take up his appointment in mid October. He has also recorded a video message for parishes which can be watched here: <https://vimeo.com/1206416223>

Canon Colin Writes...

Each Sunday we gather in church because we have heard the Lord's invitation: *'Come to me, all you who labour and are overburdened, and I will give you rest.'* This is, of course, an ancient theme. There has been a standard way to present both the Sabbath (Jewish) and Sunday (Christians) down the ages. These presentations have a common theme: 'This is the day.' Whether it is the day of creating or resting. Then this actual day, Sunday now, is a means of participating in that 'original day'. This notion that time forms mystical unity with the fundamental moments in the history of salvation is deeply embedded in both Jewish and Christian notions of ritual and celebration.

However, Sundays, possibly Christmas and Easter apart, seem not to excite people today in the way they did until quite recently. Whatever has caused this change is one matter, the fact is that in a *'leisure society'* the notion of a Day of Rest, or a Day belonging to the Lord, just does not move people, even Christians. This can be seen in that many people are willing to opt for alternative 'worship services' that would take place on weekday evenings because they do not want to have 'to go on Sunday' as it 'messes up their weekend'. The time of leisure, the weekend, is so sacrosanct that it cannot even be interrupted for prayer. Monday to Friday is for work and duties; weekends are pure leisure time; God does not belong to my leisure time, so he can be squeezed in during the week. Indeed, there will be individuals in every assembly who will be suffering from stress because of the tension that the decision to go to Mass has caused their families who see it as an unwarranted interruption to the family's leisure. Today, in every society where there is a five day week and work is limited by a maximum number of hours, Sunday is a problem for Christians!

The first step is to acknowledge the problem. Ask rhetorically how many know this dialogue: the family want to go somewhere on Sunday and to leave to get there for lunchtime. Only one parent is a church goer. That person's desire to attend Mass is throwing the plans out. Someone asks: 'Why can't you just skip church this week, you can worship God anywhere, you don't need to go into a special building!' Reply: 'It's not as simple as that!' Another voice: 'Well, OK, but can you not make an exception for today, it's such a nice day!' Reply: 'But I made an exception last week and this week I'm down on the list to read!' Another: 'Oh Yes! Someone else's list. Strange religion this: someone else is more important than your family's happiness. Strange religion this! Loving God means you don't love your family.' Another voice: 'You better go to your Mass. We're too late to get there now anyway. You might as well go off and look after your religion!'

This acknowledgement of the stress that many are under can be a way of ventilating a problem that people have never named and itself lessens the stress and the consequent feelings of guilt. So the first step is to say to people that resting is having burdens removed: so, just for now, relax. God loves us and knows the strains and stresses we live with. Then, step two, just point out the irony: in a *'leisure society'* the pressures to use *'leisure time'* often become so great, that the time is as stressed as for work-time. We have industrialised leisure time! How much leisure is left? Yet God wants us to have leisure and rest from work. And our way of 'blessing the Father' is participating in the Eucharist.

Sacred Heart, 39 Norton Road, BN3 3BF, 01273 732843, www.sacredheartrove.org.uk;
hovesacredheart@abdiocese.org.uk. All Masses at SH are Live Streamed: www.sacredheartrove.org.uk/videos.html

St George's, Court Farm Road, BN3 7QR and **St Theresa's**, Old Shoreham Road, BN42 4RY, 01273 708227;
www.brightondeanerywest.org.uk; westhove@abdiocese.org.uk

St Mary Magdalen's, 55 Upper North Street, BN1 3FH; 01273 326793; brightonstmarymag@abdiocese.org.uk

St Peter's, Portland Road, BN3 5GD, 01273 733840, <https://www.stpeters-hove.org.uk/>; hovestpeters@abdiocese.org.uk

Hospital Chaplain, Royal Sussex County Hospital, T. 01273 696955 Ext. 64122, email celestine.nnolim@nhs.net

For any other contact information, including Safeguarding, please see the relevant parish website or church noticeboards.

Mass Schedule

Sat 4	July	St Elizabeth of Portugal
12noon	SH	Mrs Julie Parks Recovery
12noon †	SMM	Ernest Anthony Barrett RIP
6pm	SH	Brenda Marchant & Family Int
6.00pm	SP	People of the Parish
6.30pm	SG	<i>Polish Mass</i>
Sun 5	July	14th Sunday in Ordinary Time
8.30am	SP	Mary Rogers RIP
9.00am	ST	Cheryl Evans RIP
9.30am	SH	Colette Melling RIP
9:30am	SMM	<i>Polish Mass</i>
10.00am	SP	Clare Vinall RIP 2nd anniversary
11.00am	SG	Deceased members of the Fernando family RIP
11.00am	SMM	People of the Parish
11.30am	SH	People of the Parish
11.30am	SP	Tom W Fitzgerald RIP
5.00pm	SMM	People of the Parish
Mon 6	July	St Maria Goretti
10.00am †	SH	Pam Waugh RIP
Tue 7	July	Tuesday
10.00am	SG	People of the Parish
10.00am †	SH	Holy Souls
10.00am	SP	No Mass
6.00pm †	SMM	George Charles Anderson RIP
7.00pm	ST	People of the Parish
Wed 8	July	Wednesday
8.00am	SH	Canon Colin's Intention
8.00am	CNCS	
10.00am	SP	Mary Fitzgerald (nee Gillman) RIP
6.00pm †	SMM	Rev. George B. Tatum RIP
7.00pm	ST	Rod Dearling RIP
Thurs 9	July	St Augustine Zhao Rong
10.00am ‡	SG	People of the Parish
10.00am †	SP	For the wellbeing of Padir Patrick
12noon †	SH	Mr & Mrs JF Lynch RIP & Family
6.00pm †	SMM	David Morris RIP
7.00pm	ST	<i>NO MASS</i>
Fri 10	July	Friday
8.00am	SH	Fr Hugh Flower Int
11.00am	SP	Funeral of Thomas Dineen RIP
7.00pm ‡	ST	People of the Parish
6.00pm †	SMM	Brian Morris RIP
Sat 11	July	St Benedict
12noon †	SMM	Vernon Fonseca RIP
6pm	SH	People of the Parish
6.00pm	SP	Elizabeth & Joseph RIP
6.30pm	SG	<i>Polish Mass</i>
Sun 12	July	15th Sunday in Ordinary Time
8.30am	SP	People of the Parish
9.00am	ST	School Leavers
9.30am	SH	Annette Waddell RIP
9:30am	SMM	<i>Polish Mass</i>
10.00am	SP	Deborah Murphy RIP
11.00am	SG	People of the Parish
11.00am	SMM	People of the Parish
11.30am	SH	Mr & Mrs GW Gillow RIP & Family
11.30am	SP	Patricia Fitzgerald RIP
5.00pm	SMM	People of the Parish

CNCS: Cardinal Newman **SH:** Sacred Heart; **SG:** St George's; **SMM:** St Mary Magdalene's; **SP:** St Peter's; **ST:** St Theresa's; † Adoration before; ‡ Adoration after

Weekly Reconciliation Times

Sacred Heart & St Peter's Saturdays from 5:15–5:45pm.

St George's After Sunday Mass, on request.

St Mary Magdalen Fridays at 5pm, and Saturdays at 11am, and during every Holy Hour at SMM.

St Theresa's Fridays after the 7:00pm Mass.

Prayer Groups & Devotions

St George's

Rosary Group: Mondays, 6.00–7.00pm in the Lady Chapel. (Not on Bank Holiday Mondays).

West Hove Online Prayer Group

Thursdays at 8pm on Zoom, exploring the Bible and aspects of the faith together. Please contact the Parish Office for the Zoom link.

St Theresa's

Lauds (Morning Prayer): Sundays at 8:30am.
Vespers (Evening Prayer): Wednesdays at 6:30pm

Social Groups

St George's

Tea and Chat: takes place after the 10am Mass on the 2nd and 4th Tuesdays of the month, with next gathering on Tuesday 14th July.

CAFOD-DEC Venezuela Earthquake Appeal

You can help our neighbours affected by the 24 June earthquakes in Venezuela with emergency shelter, water and food. CAFOD is already working with local Church partners to support people who have lost their homes, but we need your support to help more survivors. Your donation will provide essential supplies and help families rebuild their lives. Donate to the CAFOD-DEC Venezuela Earthquake Appeal today: cafod.org.uk/Venezuela or call 0300 999 0030. Please keep our neighbours in Venezuela in your prayers.

Sunday 26 July is the Catholic Church's sixth World Day for Grandparents and Elderly

The theme for the day is "I will never forget you (Is 49:15)," What a wonderful opportunity to encourage our youngsters to phone, visit or reach out to their grandparents, "parish" grandparents, or elderly relatives to show their love and affection. The link below takes you to the Popes full letter for this day of celebration of life, experience, and love. <https://www.vaticannews.va/en/pope/news/2026-06/pope-leo-xiv-for-sixth-world-day-of-grandparents-and-elderly.html> Many parishes have a grandparent's group, but if this is something you would like to know more about or explore, please email Deacon Simon South, Marriage and Family Life Adviser simon.south@abdiocese.org.uk



Cottesmore St Mary Catholic Primary School, Hove, currently has two spaces for children in Year 2, moving to Year 3 in September. Please contact the school if you are interested in one of the places. For more information, you may wish to visit their Admissions page on their school website <https://www.cottesmore.brighton-hove.sch.uk/page/admissions/>

SMM Summer Concert Series 2026
St Mary Magdalen's Church is delighted to present a new recital series, which will take place on Saturdays, 1pm, over the summer. The first concert is on 11th July. Please see the flyers at the back of the church or email brightonstmarymag@abdiocese.org.uk for more information. Free admission with retiring collection. All are welcome.

St Mary Magdalene's Healing Service will take place on first Sunday of every month at 3pm, with Fr Rod and Fr Alphonse. The next Healing Service will be Sunday, 5th July. All are most welcome. The car park will remain open until 6pm.

Sacred Heart Choir We are looking for new members for our choir at the 11:30am Mass on Sunday's. If you are interested in joining this group please contact 01273 735371 for further information. We look forward to hearing from you.

Ecumenical Men's Breakfast Club Men from all Christian churches and denominations are warmly invited to the Ecumenical Men's Breakfast Club, which meets on Mondays at 10.00am at the Royal George Pub, Stoney Lane, Shoreham. Next meeting takes place on Monday 13th July. Come along for friendship, conversation, and fellowship in an informal setting. Further information, please contact Andrew Macpherson on 07500 587107.

Catenian Association a monthly meeting of Catholic men at The Hove Club. For more info cateniansprovince18.org.uk.

Online Week of Guided Prayer for Those Affected by Clergy Abuse 18–23 October 2026 The Jesuit Institute is offering a free online retreat for anyone affected by clergy abuse, whether directly or indirectly. Participants are invited to spend 30 minutes in personal prayer each day and meet online with an experienced spiritual director for up to 45 minutes daily at a convenient time. The retreat provides a safe and supportive space to explore your relationship with God through prayer and reflection. Further information and registration details are available from the Jesuit Institute.

The next
Marriage Preparation Course
begins on 5 October 2026
Details from
bh.marriage.prep@gmail.com
Apply by 11 September.

Fundraising / Giving

Special Collections 2026

12 July – Sea Sunday

Sea Sunday – Volunteer Needed

Stella Maris is seeking volunteers for SG, SMM, SP, & ST, to assist with Sea Sunday, which falls on 12th July. The volunteer would be asked to read a short appeal at the end of Mass. If you can help, contact: roland.hayes@stellamarismail.org.

The Bethlehem Nativity Group

A missionary group from Bethlehem in the Holy Land, will visit St George's & St Theresa's on Sunday 19th July. They will briefly speak about the Holy Land and offer olive wood religious articles

for sale. Proceeds will support poor Christian families in the Holy Land. Any support you can give them would be greatly appreciated, "When you help the poor, you help our Lord."

Support Hangleton & West Blatchington Food Bank Following the serious fire at Waitrose in Hove last week, the store remains closed and the food bank has been unable to access the generous donations normally collected through the in-store donation baskets. At the same time, food costs continue to rise, meaning the food bank is having to spend more each week to meet demand. If you are able to make a financial contribution or donate food items, your support would be greatly appreciated during this challenging time www.hangletonfoodbank.org/donations

Cycle of Prayer

During Ordinary Time, we are asked to pray for these intentions: a deeper understanding between Christians and Jews; human life; those who suffer persecution, oppression and denial of human rights; Europe; and seafarers.

Please pray for the recently deceased:

Patricia Murphy RIP who died on Tuesday 23rd June her funeral will take place on Thursday 16th July at 11am at St Peter's Hove.

Thomas Dineen RIP who died on 19th June. Thomas's funeral will be held on Friday 10th July at 11:30am at St Peter's, Hove.

Please also pray for:

Sha Wylie, Peter Morrison, Liz Perkins, Mario Noah; Clive Connor; Chris, Lucy, & Matt Neal; Eileen Kipling; Hanorah & Mat Smith; Julia Fleming; Peter Cochlin; Rex Curd; Winifred Wilde, Elena White, Tom Piggins, Canon Colin Wolczak, Robert (Bob) Selwood & Melvin Shirkie.



Sunday 5th July 2026
14th Sunday in Ordinary Time

The Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen.

First Reading — Zechariah 9:9-10

Thus says the Lord: Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth.

The word of the Lord.

Thanks be to God.

Responsorial Psalm

I will bless your name for ever, my God and king.

Second Reading — Romans 8:9, 11-13

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in

you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia.

I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia.

Gospel — Matthew 11:25-30

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

The Gospel of the Lord.

Praise to you Lord Jesus Christ.



AI generated image

Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, (all bow during the next three lines) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

Copyright notice

Scripture quotations are from the English Standard Version of the Bible, Catholic Edition (ESV-CE), published by Asian trading Corporation, copyright 2017 by Crossway. All rights are reserved. Excerpts from Abbey Psalms and Canticles are copyright 2018 USCCB.