



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

Parish Priest: Fr Tony Milner BSc STD

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Find out more: [https://www.abdiocese.org.uk/
safeguarding/home](https://www.abdiocese.org.uk/safeguarding/home)

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cncs.co.uk



If you use Facebook, please join our group page,
Catholics West Hove

www.facebook.com/groups/1510048742698794/

This week we are most
in need of:

Children's toothbrushes

Coffee

Cooking oil

Crisps

Jam

Rice pudding

Tinned meat (e.g. corned beef, mince and onions)

UHT milk (semi-skimmed)

Donations may be brought to the hall on Wednesdays
10:30—11:45am, or dropped into the boxes at the back
of either of our churches.

Thank you for your continued support.



10th September: 23rd Sunday of Year A
Weekdays: 23rd Week in Ordinary time, Year 1

**Wednesday Evening Faith Formation
begins soon!**

SYCAMORE

We will be using the well-regarded Sycamore faith formation program to deepen our understanding of and commitment to our call to discipleship. Each Sycamore session involves a short film and time for discussion.

Visit sycamore.fm for more information about the programme.

Each Wednesday at St Theresa's there will be Mass at 7pm, followed by simple refreshments. The Sycamore session will begin at 7:45, and conclude at 9:15. There will then be a short 'night prayer' for those who wish to stay for that. All will finish by 9:30pm.

We begin on Wednesday 27th September, and continue through to the end of November. As part of the programme there will also be a 'retreat day' on Saturday 11th November.

All are welcome! Please sign up!!

We also need people to help with the refreshments, and also to help set up the AV equipment—please tick the relevant box on the sign up sheet if you can help in either way. (NB we won't expect you to do it every week!)

Why 'Sycamore'? Because Zacchaeus climbed a sycamore tree to be able to see Jesus better!

First Holy Communion 2024

For those families looking forward to First Holy Communion 2024 (who have a child in Year 3 or above), there will be an **Information Evening for Families on Friday 6th October, 6pm, at St Theresa's**. Full details of dates and times will be available at that meeting. No need to book. Just turn up. Children welcome!



Confirmation 2024

Any young person in Year 9 or above is eligible to enrol for Confirmation. If you are interested please email the parish via westhove@abdiocese.org.uk. We expect those wanting to be confirmed to come regularly to Sunday Mass and to participate in parish life in some way beyond just 'turning up', e.g. by helping with welcoming or refreshments. Those who persevere in that will then start their Confirmation classes in the spring.



Please Pray For...

All who are sick in the parish, particularly Cheryl Evans, Colette, Elizabeth Hopkins, Julie Laker, Terry Phipps and Tom Hulse.

Those on our regular prayer list including: Malcolm Allwright, Florence Davis, Kathleen Davis, Paddy Dixon, Cheryl Evans and Margaret Gilligan.

Please also pray for those who have died recently, especially Patrick Atkinson, Thomas Bonner, Janis Claxton-White and Beric Williams.

A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

Morning & Evening Prayer

- ◇ Saturdays at St Theresa's, Evening Prayer at 5pm (said)
- ◇ Sundays at St Theresa's, Morning Prayer at 08:30am (sung)

There are a limited number of books available for use, but should you have a smart phone or iPad then we recommend the app: <https://universalis.com/>

St Vincent de Paul Society

The next SVP meeting for existing members, will be on Monday 18th September, 6:30pm at St Theresa's.

If you are interested in getting involved with the SVP, please email:

annemarie.wiggs@gmail.com

or

presidenta0105@svp.org.uk

for more information.



St Vincent de Paul Society
England and Wales
Turning Concern into Action

Special Collections

This weekend's second collection is for:
Education Sunday

Next weekend's second Collection is for:
Home Mission Sunday

And on Sunday 24th we will have an appeal and collection for:

The St Vincent de Paul Society

Weekly Timetable

Saturday 9th September <i>St Peter Claver</i>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	<i>Deceased Members of the Cripps Family</i>
Sunday 10th September <i>23rd Sunday in Ordinary Time</i> <i>Education Sunday</i>	9am Mass, St Theresa's with Children's Liturgy 11am Mass, St George's	<i>All Parishioners</i> <i>Mary Barry RIP</i>
Tuesday 12th September <i>The Most Holy Name of Mary</i>	10am Mass, St George's Followed by Tea & Chat	
Wed 13th September <i>St John Chrysostom</i>	7:30pm Mass, St Theresa's Adoration to 8:30pm	<i>Albert Barker & Robert Nash RIP</i>
Thurs 14th September <i>Exaltation of the Holy Cross</i>	10am Mass, St George's	
Friday 15th September <i>Our Lady of Sorrows</i>	10am Mass, St Theresa's	<i>Glen & Michelle Evans RIP</i>
Sat 16th September <i>Sts Cornelius & Cyprian</i>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	<i>Joanna Marie Stibbs RIP</i>
Sunday 17th September <i>24th Sunday in Ordinary Time</i> <i>Home Mission Sunday</i>	9am Mass, St Theresa's with Children's Liturgy 11am Mass, St George's	<i>All Parishioners</i>

Bollywood Dance and Exercise Class

at St George's Church Hall
Monday Evenings 6:30—7:30pm
From Monday 18th September



All abilities welcome, including children
(Under 18's need to be accompanied by a responsible adult)

Have Fun — Get Fit — Make Friends

We continue to pray for the people of Ukraine. For more information and ways to support them see: cbcew.org.uk/category/cbcew/international/countries/ukraine/