



## Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,  
Hangleton and West Blatchington*

**St Theresa's:** Old Shoreham Rd, Southwick, BN42 4RY

**St George's:** Court Farm Road, Hove, BN3 7QR

**Parish Priest:** Fr Tony Milner BSc STD

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**School:** St Mary's, Church Road, Portslade  
[www.stmarys.brighton-hove.sch.uk](http://www.stmarys.brighton-hove.sch.uk)

**Also serving the parishes:**

**Cottesmore:** [www.cottesmore.brighton-hove.sch.uk](http://www.cottesmore.brighton-hove.sch.uk)

**Cardinal Newman:** [www.cncs.co.uk](http://www.cncs.co.uk)

**We continue to pray for the people of Ukraine.**

For more information and ways to support them see  
[cbcew.org.uk/category/cbcew/international/countries/ukraine/](http://cbcew.org.uk/category/cbcew/international/countries/ukraine/)

*Fr Tony is away on holiday until Saturday 11th February.  
Fr Paul will be looking after most of the Masses in the  
parish during that time.*

**29th January 2023: 4th Sunday of Year A  
Weekdays: Week 4 in Ordinary Time, Year I**

### Fr Tony Writes

In a couple of weeks time (Sunday 12th February, the day after the feast of Our Lady of Lourdes) we will be having a special Mass for the Sick at 2pm at St George's. At this Mass I will be also celebrating the Sacrament of the Sick, and anointing all those who wish with the Oil of the Sick.

This used to be called 'extreme unction', 'final anointing', to be given before death. But it was not always so. Indeed St James instructs us:

*Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven.*

So we confer the Sacrament on anyone who is seriously sick. Obviously that includes those who are close to death, but it also includes anyone who has a chronic illness, including mental illness, which has a significant impact on their life. I also offer it to anyone going for an operation that requires a general anaesthetic. Another category of people who would benefit from the sacrament are those who have become frail through old age.

So, if you fall into any of those categories, feel free to ask for the Sacrament. It can be celebrated as part of a Mass, or privately, either in church, or in your own home. In particular, it would be great if you could join us on the 12th February and receive the Sacrament then. You don't need to let us know in advance. Just turn up and let us know on the day. But if you will need help in getting to church, please contact the parish office and we will endeavour to arrange it.

P.S. There is tea and cake on offer after the Mass!!

### Upcoming Parish Events

**Sunday 12th February: Mass for the Sick, with Anointing.** 2pm, St Georges. This will be followed by a light tea. We will endeavour to find transport for those who need it. *If you know of anyone who would like to come and may need transport, contact the parish office, or complete the sign-up sheet in either church.*

**Saturday 18th February: Mass in Celebration of Marriage.** 5:30pm, St Theresa's. Followed by bubbly and nibbles.



**Wednesday 22nd February: Ash Wednesday.**

**Friday 3rd March: World Day of Prayer.** 2:30pm, St Theresa's. A women led, global, ecumenical movement. This year, we are hosting this at St Theresa's. Please consider getting involved, there are sign-up sheets in both churches.

**Friday 3rd March: CAFOD Family Fast Day.**

**Saturday 18th March: Reader Formation.** 10am-12:30pm, St Theresa's. Led by Fr Tony. All current and prospective readers welcome. *Fr Tony's little booklet, Proclaiming the Word: A Guide for Readers, is now available. All readers are asked to take one, and anyone else interested may take one too.*

**2nd—9th April: Holy Week and Easter.**

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| <p style="text-align: center;"><b>Please Pray For:</b></p> <p>All who are sick in the parish, particularly those on our regular prayer list, including Margaret Gilligan, Eileen Kipling, Veronica Lloyd, Eileen McLoughlin and Joyce Monasingh.<br/>Please also pray for those who have died recently, including Kathleen Bull, Pope Benedict, Gulio Porfirio, Kevin Lloyd, and those whose anniversaries occur at this time.<br/>A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.</p>  | <b>Weekly Timetable</b>   |   |   |
| <p style="text-align: center;"><b>Transport between our churches</b></p> <p>Do you need help getting to Mass?<br/>Are you able to offer a lift to someone?<br/>If so, please complete the sign-up sheet.</p>  | <p><b>Saturday 28th Jan</b><br/><i>St Thomas Aquinas</i></p>                                | <p>4:45- 5:15pm Confessions<br/>5:30pm Mass, St Theresa's</p>                               | <p style="text-align: right;"><i>Eric Cripps RIP</i></p>                                    |
| <p style="text-align: center;"><b>Mass in Celebration of Marriage</b></p> <p style="text-align: center;"><b>Saturday 18th February</b><br/><b>5:30pm, St Theresa's</b></p> <p>We invite any married couple in our parishes who has celebrated a 'significant' anniversary in the past year, or who will do so in the coming year, to let the parish office know, so that we can give thanks and pray for you at that Mass. There will be refreshments after the Mass, including something fizzy...</p>  | <p><b>Sunday 29th Jan</b><br/><b>4th Sunday in Ordinary Time</b></p>                        | <p>9am Mass, St Theresa's<br/><i>With Children's Liturgy</i><br/>11am Mass, St George's</p> | <p style="text-align: right;"><i>Kathleen Bull RIP</i><br/><br/><i>All Parishioners</i></p> |
|   | <p><b>Tuesday 31st Jan</b><br/><i>St John Bosco</i></p>                                     | <p>10am Mass, St George's</p>   | <p style="text-align: right;"><i>Guilu Pires RIP</i></p>                                    |
|   | <p><b>Wed 1st Feb</b></p>   | <p>7:30pm Mass, St Theresa's<br/>Adoration to 9pm</p>                                       | <p style="text-align: right;"><i>Anne Hurst RIP</i></p>                                     |
|   | <p><b>Thursday 2nd Feb</b><br/><i>The Presentation of the Lord</i></p>                      | <p>10am Mass, St George's</p>   |   |
|   | <p><b>Friday 3rd Feb</b><br/><i>St Blaise</i></p>   | <p>10am Mass, St Theresa's</p>  |   |
| <p style="text-align: center;"><b>Racial Justice Sunday</b></p> <p>This year's Racial Justice Sunday falls on 5th February. Our theme,<br/><i>"All are included in the mission of Christ and His Church. Let us walk together, pray together and work together"</i>, reflects on the role each of us must play in promoting the mission of Christ and His Church. This was inspired by conversations around last year's Racial Justice Sunday and Pope Francis' visit to Canada last year when he spoke about looking towards a future of, 'Justice, healing and reconciliation'. This years' resources can be found on the Bishops' Conference website at:<br/><a href="http://www.cbcew.org.uk/racial-justice-sunday">www.cbcew.org.uk/racial-justice-sunday</a></p> <p>At Masses on Racial Justice Sunday, parishes are encouraged to mark the day by praying the following:</p> | <p><b>Saturday 4th Feb</b></p>  | <p>4:45- 5:15pm Confessions<br/>5:30pm Mass, St Theresa's</p>                               |   |
| <p><b>Sunday 5th Feb</b><br/><b>5th Sunday in Ordinary Time</b></p>   | <p>9am Mass, St Theresa's<br/><i>With Children's Liturgy</i><br/>11am Mass, St George's</p> |   |   |
| <p style="text-align: center;"><b>Day of Reflection for Ministers of the Eucharist, led by Bishop Richard</b></p> <p style="text-align: center;"><i>18th Feb, 11am-4pm, Christ the Prince of Peace, Weybridge</i></p> <p>The day will include theological and practical talks, Eucharistic Adoration, and Mass. For further info or to book contact:<br/><a href="mailto:formation@abdiocese.org.uk">formation@abdiocese.org.uk</a>.</p> <p style="text-align: center;"><b><i>I commend this to all the ministers of communion in the parish.</i></b><br/><b><i>Fr Tony.</i></b></p>  |   |   |   |
| <p><b>God of our past, present and future,<br/>You created each one of us in your image and likeness<br/>Help us to recognise you in each person<br/>As we pray for end to suffering caused by racism.<br/>Lead us this day, to walk with one another, pray with one another, and work together, so that we create a future based on justice and healing.<br/>Where all can fulfil the hope you have for all peoples.<br/>We ask this through Christ our Lord.<br/>Amen.</b></p> <div style="text-align: center;">  </div> <p style="text-align: right;">Next weekend's second collection (5th Feb) is for:<br/><b>The Catholic Association for Racial Justice (CARJ).</b></p>  |   |   |   |