



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

Parish Priest: **Fr Tony Milner BSc STD**

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Find out more: <https://www.abdiocese.org.uk/safeguarding/home>

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cnccs.co.uk

Upcoming Parish Events

Saturday 18th March: Reader Formation.

10am-12:30pm, St Theresa's.

Led by Fr Tony.

All current and prospective readers welcome.

Monday 20th March: Confirmation introduction.

6:30pm, Sacred Heart, Hove.

2nd April: Palm Sunday.

Masses as usual (with blessing of palms).

3pm, Reconciliation service, St Theresa's.

The Easter Triduum will be held at St Theresa's,
as the Polish community will be using St George's.

The services are:

Holy Thursday 8pm: Mass of the Lords Supper.

Good Friday 3pm: Celebration of the Lord's Passion.

Easter Vigil (Holy Saturday) 8:30pm.

Easter Sunday,

Masses as usual.

12th March 2023: Third Sunday in Lent

Weekdays: Lent Week 3

Fr Tony Writes



The story about Jesus and the woman at the well in this weekend's Gospel is a bit like the Sacrament of Reconciliation. At the beginning she is a bit cut off from her community, probably because of reputation. In her encounter with Jesus her sins are revealed. And she ends up reconciled as a missionary to her own people (for details of all this you will have to listen to my homily!).

One major difference is that, it seems, she does not confess her sins. Jesus does that for her!

When we go to Confession, of course, God already knows our sins. So why do we not just say, 'I am sorry for my sins' and receive absolution? Would that not be a lot easier? Well, yes, but the process helps us to admit to ourselves where the problem lies.

In fact, we only need to confess 'grave' sins, and most of the things we do wrong don't fall into that category (I have not space to go into that here, but generally we know when we have done something seriously wrong!). So with our less serious sins it is not always useful to reel off a long list. Rather it might be more helpful to think more deeply about why we struggle to avoid gossip, or have a bad habit of using profane language, or are short tempered with family members, to give three examples. What is the root of this?

Generally it takes time to discover the roots of our sins, but coming regularly to confession can help, because it helps us to look more deeply into our lives, and also perhaps the priest can see patterns we are missing.

Confirmation 2023

Young people from School Year 9 and above are eligible to receive the sacrament of Confirmation. They should already be involved in the life of the Church in some way.



The preparation sessions are being held jointly with Sacred Heart parish. There is an introduction session for candidates and their parents on **Monday 20th March, 6:30pm at the Sacred Heart, 39 Norton Road, Hove, BN3 3BF.** Pizza will be included! Please contact Fr Tony if you wish to come, and find out more.

We continue to pray for the people of Ukraine.

For more information and ways to support them see cbcew.org.uk/category/cbcew/international/countries/ukraine/

Please Pray For:

All who are sick in the parish, particularly Alphonso Iacono and Veronica Lloyd, and those on our regular prayer list including Chris Neal, Vince Neal, Maria Parente, Philip Porritt and Jean Ryan. A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.



Thank You

Margaret Guy would like to thank everybody from our church community, she was very pleased with the card and flowers that she received and touched by the fuss that was made of her at Mass.

World Day of Prayer

3rd March 2023, Taiwan. We would like to thank everyone involved in making the service such a success. We would also like to thank everyone that came to the service, we were very pleased with the turn out and an amazing £258.50 was donated in our second collection, so well done for that too!



Weekly Timetable

Saturday 11th March	4:45- 5:15pm Confessions 5:30pm Mass, St Theresa's	<i>Patricia Weatherseed RIP</i>
Sunday 12th March <i>3rd Sunday in Lent</i>	9am Mass, St Theresa's <i>With Children's Liturgy</i> 11am Mass, St George's	<i>Kipling Family ints</i> <i>All Parishioners</i>
Tuesday 14th March	10am Mass, St George's <i>Followed by Tea & Chat</i>	<i>Sylvia Evans RIP</i>
Wed 15th March	7:30pm Mass, St Theresa's <i>Adoration to 8:30 pm</i>	
Thursday 16th March	10am Mass, St George's	<i>Glenn Evans RIP</i>
Friday 17th March <i>St Patrick</i>	10am Mass, St Theresa's 7pm Stations of the Cross, St Theresa's	<i>Patricia Morgan RIP</i>
Saturday 18th March <i>St Cyril of Jerusalem</i>	4:45- 5:15pm Confessions 5:30pm Mass, St Theresa's	Reader Formation 10am-12:30pm, St Theresa's
Sunday 19th March <i>4th Sunday in Lent</i>	9am Mass, St Theresa's <i>With Children's Liturgy</i> 11am Mass, St George's	<i>All Parishioners</i>

Penitential Services in the Deanery

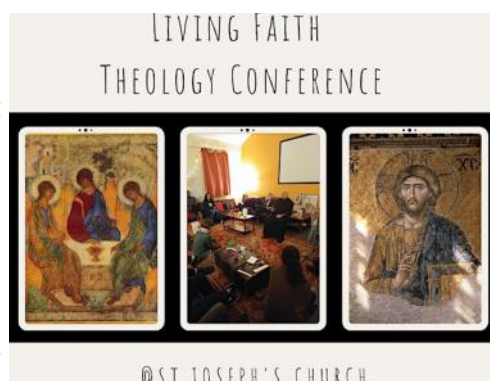
Mon 27th March, OLOL Rottingdean, 7:30pm.
Fri 31st March, St Mary's Preston Park, 7pm, beginning with Stations.
Sunday 2nd April, St Theresa's Southwick, 3pm.
Confession is available before the 5:30 Mass on Saturday. Also after the 11:00 Mass on Sunday, and normally after any other Mass, just ask, or call Fr Tony to make an appointment.

A Deanery Day Retreat Friday 24th March at St Martha's Convent, Rottingdean

An opportunity to deepen our Lenten conversion and turn to God in prayer as we prepare to remember Christ's Cross and Resurrection in Holy week. Time: 10 – 3pm. Please bring your own lunch. Teas and Coffees provided. Suggested donation of £10. Book your place via brightonmonks@worth.org.uk or phone 07444 802368.

Living Faith Theology Course

St Joseph's in Brighton are launching a new series of conferences to help you explore the Catholic faith in greater depth. The series is aimed at Catholics involved in ministry and leadership, teachers in Catholic schools, and young adults/students to prepare them to be leaders and influencers in their areas of professional work and Church engagement. Our speakers are theologians and experts in their fields who will bring the faith to life, offering a bold vision of human life and discipleship. Our goal is to provide content that stretches mind and heart, leading to greater transformation in Christ, and a fuller living out of his saving mission in the world today.



First Conference: Sunday 19th March.

Our first series will explore "The Trinity", with three Conferences on Sundays: 19th March, 14th May, and July (date tbc). Fr Nicholas Crowe OP and Fr Joseph Bailham OP - Dominican Friars - will be our speakers on 19th March, exploring "The Father". Start Time: 12:45pm in St Joseph's Parish Hall, on Milton Road. We will begin with lunch: please bring a dish to share or a packed lunch. The conference will finish with Tea/Cake at 4pm. Suggested Donation: £10 (waged), £5 (unwaged). Booking link: <https://www.eventbrite.com/e/living-faith-conference-tickets-558770637017>