



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

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www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cncs.co.uk

We continue to pray for the people of Ukraine.

For more information and ways to support them see
cbcew.org.uk/category/cbcew/international/countries/ukraine/

Fr Tony is away on holiday from Sunday night until Saturday 11th February. Fr Paul will be looking after most of the Masses in the parish during that time.

Which Bible should I use?

The short answer is: The one you are most comfortable with! However if you are looking to buy a new one here are a few basic guidelines. Look for a 'Catholic' or 'Ecumenical' version, as some Bibles lack some of the Old Testament books we include (e.g. Tobit and Wisdom).

In the Mass we use the **Jerusalem Bible**. This translation has been updated a couple of times, and the latest is the **Revised New Jerusalem Bible**. These use a translation philosophy called 'dynamic equivalence' (translating phrases rather than just words). A more 'word for word' translation is The **New Revised Standard Version** - look for the 'Catholic Edition'.

Also very popular is the **Good News** translation. This also uses 'dynamic equivalence' and somewhat simplified language, and so is good for younger children. The **Catholic Children's Bible** uses this translation, and also uses large easy to read print, and so is also popular with adults with dyslexia or sight problems. We give it to the First Holy Communion children.

22nd January 2023: 3rd Sunday of Year A
Weekdays: Week 3 in Ordinary Time, Year I

Fr Tony Writes

This Sunday is designated as the **Sunday of the Word of God**. It is also the Sunday in the **Week of Prayer for Christian Unity**. Of course the Scriptures are something we hold in common with our brothers and sisters of other Christian traditions, even if there are some differences in the books in our Bibles, and in our approach to the Scriptures.



It used to be said that Christians from the broadly 'Protestant' traditions knew their Bibles better than Catholics. However, conversations I have had in recent years with other ministers show that sadly those who really engage with the Scriptures are relatively few in all our churches.



Nevertheless it is still true that Catholics today are more engaged with the Scriptures than in previous generations, and there are a number of resources that can help us continue that trend.

The main place we encounter the Scriptures is in the liturgy. Indeed, the Bible is essentially a liturgical book. It is a collection of writings which the Church has discerned over the centuries are suitable for reading at Mass and other liturgies. So our reflection on the Scriptures will be richer if we take this into account.

There are a number of ways you could do this.

1. After Mass, Go to your Bible at home and look up one or more of today's readings. (If you have to hunt for your Bible and blow the dust of it never mind—this is a chance for a new start). If your Bible has introductions to the books within it read what it has to say about Isaiah, or St Paul's letter to Corinth, or Matthew's Gospel. Then look at the context of the short extract(s) we read at Mass. Read what went before and carry on a bit afterwards.
2. Subscribe to *Bible Alive*. This is a monthly magazine that gives reflections on the Mass readings for every day. alivepublishing.co.uk/publications/bible-alive/
3. Try the *Pray as you Go* podcast and app. Produced by the Jesuits, it gives a 10-12 minute daily guided meditation on one of the readings from the day's Mass. pray-as-you-go.org

Alternatively, choose your own parts of the Bible to read. I normally suggest starting with the New Testament. Maybe read Luke's Gospel, and then go on to his 'Volume 2': the Acts of the Apostles. It is a great read (and quite amusing in places!).

<p style="text-align: center;">Please Pray For:</p> <p>All who are sick in the parish, particularly those on our regular prayer list, including Malcolm Allright, Florence Davis, Kathleen Davis, Paddy Dixon and Cheryl Evans. Please also pray for those who have died recently, including Kathleen Bull, Pope Benedict, Gulio Porfirio, Kevin Lloyd, and those whose anniversaries occur at this time. A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.</p>	Weekly Timetable		
<p style="text-align: center;">Transport between our churches</p> <p>Do you need help getting to Mass? Are you able to offer a lift to someone? If so, please complete the sign-up sheet.</p>	<p>Saturday 21st Jan <i>St Agnes</i></p>	<p>11am First Reconciliation, St Theresa's 4:45- 5:15pm Confessions 5:30pm Mass, St Theresa's</p>	
<div style="display: flex; align-items: center;">  <div> <p style="text-align: center;">Mass in Celebration of Marriage</p> <p style="text-align: center;">Saturday 18th February 5:30pm, St Theresa's</p> </div> </div> <p>We invite any married couple in our parishes who has celebrated a 'significant' anniversary in the past year, or who will do so in the coming year, to let the parish office know, so that we can give thanks and pray for you at that Mass. There will be refreshments after the Mass, including something fizzy...</p>	<p>Sunday 22nd Jan 3rd Sunday in Ordinary Time</p>	<p>9am Mass, St Theresa's <i>With Children's Liturgy</i> 11am Mass, St George's</p>	<p><i>Emily Theobalds RIP</i> <i>All Parishioners</i></p>
<p style="text-align: center;">Annual Diocesan Justice & Peace Assembly, 'Hungry for Change'</p> <p style="text-align: center;">28th January, 9.30am-1.30pm The St Philip Howard Centre, RH10 6RP</p> <p>Our annual Justice & Peace Assembly will explore how war contributes to world hunger with speakers from CAFOD, Pax Christi, and the Ecological Conversion Group. For information about booking email: tessa.ricketts@abdiocese.org.uk</p>	<p>Tuesday 24th Jan <i>St Francis de Sales</i></p>	<p>10am Mass, St George's Followed by Tea & Chat</p>	
<p style="text-align: center;">Day of Reflection for Ministers of the Eucharist led by Bishop Richard</p> <p style="text-align: center;">18th February, 11am-4pm Christ the Prince of Peace, Weybridge</p> <p>The day will include theological and practical talks, Eucharistic Adoration, and Mass. For further info or to book contact: formation@abdiocese.org.uk <i>I commend this to all the ministers of communion in the parish. Fr Tony.</i></p>	<p>Wed 25th Jan <i>Conversion of St Paul</i></p>	<p>7:30pm Mass, St Theresa's Adoration to 9pm</p>	<p><i>Christine Roe RIP</i></p>
<div style="display: flex; align-items: center;">  <div> <p style="text-align: center;">Sharing the Church's Story,</p> <p style="text-align: center;">11th Feb, 10am-5pm, QEII Centre, SW1P 3EE</p> <p>Catholic Voices and Word on Fire are hosting a one day conference with dynamic speakers, including the internationally renowned Bishop Robert Barron. Whether you are a volunteer, parent, catechist, clergy, or just want a boost for your faith life, this conference is for you! To register go to: www.sharingthechurchsstory.com</p> </div> </div>	<p>Thursday 26th Jan <i>Sts Timothy & Titus</i></p>	<p>10am Mass, St George's</p>	
	<p>Friday 27th Jan</p>	<p>10am Mass, St Theresa's</p>	
	<p>Saturday 28th Jan <i>St Thomas Aquinas</i></p>	<p>4:45- 5:15pm Confessions 5:30pm Mass, St Theresa's</p>	<p><i>Eric Cripps RIP</i></p>
	<p>Sunday 29th Jan 4th Sunday in Ordinary Time</p>	<p>9am Mass, St Theresa's <i>With Children's Liturgy</i> 11am Mass, St George's</p>	<p><i>Kathleen Bull RIP</i> <i>All Parishioners</i></p>
	<p>Upcoming Parish Events</p> <ul style="list-style-type: none"> Sunday 12th Feb: Mass for the sick, with anointing 2pm, St Georges. This will be followed by a light tea. We will endeavour to find transport for those who need it. <i>If you know of anyone who would like to come and may need transport, contact the parish office, or complete the sign-up sheet in either church.</i> Saturday 18th Feb: Mass in Celebration of Marriage 5:30pm, St Theresa's. Followed by bubbly and nibbles. Wednesday 22nd March: Ash Wednesday Friday 3rd March: World Day of Prayer A women led, global, ecumenical movement. This year, we are hosting this at St Theresa's. More details to follow. Please consider getting involved, there are sign-up sheets in both churches. Friday 3rd March CAFOD Family Fast Day Saturday 18th March: Reader Formation 10am-12:30pm, St Theresa's. Led by Fr Tony. All current and prospective readers welcome. <i>Fr Tony's little booklet, Proclaiming the Word: A Guide for Readers, is now available. All readers are asked to take one, and anyone else interested may take one too.</i> 		