



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

St George's: Court Farm Road, Hove, BN3 7QR

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Find out more: [https://www.abdiocese.org.uk/
safeguarding/home](https://www.abdiocese.org.uk/safeguarding/home)

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cnccs.co.uk



If you use Facebook, please join our group page,
Catholics West Hove

www.facebook.com/groups/1510048742698794/



First Holy Communion 2024

For those families looking forward to First Holy Communion this coming May (who have a child in Year 3 or above), there will be an **Information Evening for**

Families on Friday 6th October, 6pm, at St Theresa's.

Full details of dates and times will be available at that meeting. No need to book. Just turn up. Children welcome!

The first session of the programme will be on Saturday 11th November, 10am, St Theresa's. First Holy Communions will be on 12th and 19th May 2024.

24th September: 25th Sunday of Year A
Weekdays: 25th Week in Ordinary time, Year 1

It is here!!!

SYCAMORE

On Wednesday we will begin the Sycamore faith formation programme to deepen our understanding of and commitment to our call to discipleship. Each Sycamore session involves a short film and time for discussion.

The first session is:

The Search for Happiness

What is happiness? How can we find it? We are all searching for something but very often we are too busy to sit still and ask what it is. How can we press the pause button and think about what really matters in life? This Sycamore film looks at the adventure of being human and gives some ideas about how to slow down and reflect.

Each Wednesday at St Theresa's there will be Mass at 7pm, followed by simple refreshments. **The Sycamore session will begin at 7:45, and conclude at 9:15.** There will then be a short 'Night prayer' for those who wish to stay for that. All will finish by 9:30pm.

The programme continues through to the end of November. As part of the programme there will also be a 'retreat day' on Saturday 11th November.

All are welcome! Please sign up!!

We still need people to help with the refreshments, and also to help set up the AV equipment—please tick the relevant box on the sign up sheet if you can help in either way. (NB we won't expect you to do it every week!)

Why 'Sycamore'? Because Zacchaeus climbed a sycamore tree to be able to see Jesus better!

Visit sycamore.fm for more information.

This week the foodbank needs:

Biscuits, Breakfast Cereal, Crisps, Deodorant, Jam, Laundry Tabs (bio & non-bio), Long Life Juice, Meat Soup, Pasta, Pasta Sauce, Rice, Shampoo & Conditioner, Squash, Tinned Meat (e.g. corned beef), Tinned Spaghetti, Toothpaste, Tuna and Washing-up Liquid.

Donations may be dropped into the boxes at the back of either of our churches.

Thank you for your continued support.

We continue to pray for the people of Ukraine. For more information and ways to support them see:
cbcew.org.uk/category/cbcew/international/countries/ukraine/

Please Pray For...

All who are sick in the parish, particularly Cheryl Evans, Colette, Elizabeth Hopkins, Julie Laker, Terry Phipps and Tom Hulse.

Those on our regular prayer list including:

Marion Shannon, Elizabeth Smith, Hanorah and Mat Smith, Winifred Wilde and Sandra Yelbeck.

Please also pray for those who have died recently, especially Patrick Atkinson and Thomas Bonner.

A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

MISSIO Red Boxes



If you have a red box that hasn't been emptied recently or you would like it emptied, please could you bring it to Teresa at St Theresa's, or Patti at St George's. Please remember to make sure your name is on it and a contact number if possible. Thank you.

Special Collections

Sunday 24th there is an appeal & collection for: **The St Vincent de Paul Society**



Adur Valley Catenians

Interested in meeting friendly fellow Catholics for dining, socialising, evenings out at concerts, theatre, walks, golf, croquet, quizzes and Lectio Divina? We are a newly formed group of Catenians (an international organisation of 6,000 plus Catholics) looking to expand locally. We will be present at and after the 9:00am Mass at St Theresa's on 1st October.

Come and meet us for a Pimm's
(Non alcoholic option available)

St Vincent de Paul Society

The next SVP meeting will be on Thursday 19th October at 6:30pm at St Theresa's in the parish meeting room at the back of the church, via the back door. Anyone who is interested in getting involved is welcome to come to the meeting.

For more information, please email:
annemarie.wiggs@gmail.com
or
presidenta0105@svp.org.uk

Weekly Timetable

Sat 23rd September <i>St Pio of Pietrelcina</i>	Confession 4:45-5:15pm 5pm Evening Prayer 5:30pm Mass, St Theresa's	<i>A.E. Woodcock RIP</i>
Sunday 24th September <i>25th Sunday in Ordinary Time</i>	8:30am Morning Prayer 9am Mass, St Theresa's with Children's Liturgy 11am Mass, St George's	<i>Zambito Vincenzo RIP</i> <i>Anthony Moonjappily RIP</i>
Tuesday 26th September <i>Sts Cosmas & Damian</i>	10am Mass, St George's followed by Tea & Chat	<i>Beatification of Fr Agnelo DeSouza</i>
Wed 27th September <i>St Vincent de Paul</i>	7pm Mass, St Theresa's 7:45pm Sycamore 9:15pm Night Prayer	<i>Kathleen Natali RIP</i>
Thurs 28th September <i>St Wenceslaus</i>	10am Mass, St George's <i>Adoration to 10:45</i>	<i>Irene Jee RIP</i>
Friday 29th September <i>Sts Michael, Gabriel & Raphael, Archangels</i>	10am Mass, St Theresa's <i>Adoration to 10:45</i>	<i>Private ints</i>
Sat 30th September <i>St Jerome</i>	Confession 4:45-5:15pm 5pm Evening Prayer 5:30pm Mass, St Theresa's	<i>Thomas Daly RIP</i>
Sunday 1st October <i>26th Sunday in Ordinary Time</i> <i>St Theresa of Lisieux</i>	8:30am Morning Prayer 9am Mass, St Theresa's <i>School Welcome Mass</i> 11am Mass, St George's	<i>All Parishioners</i>

Adoration and Benediction



After 10am Mass on Thursdays and Fridays there will be a short period of adoration of the Blessed Sacrament, followed by a simple Benediction at 10:45am. This is a good time to pray for our parish as we seek to grow in faith and discern, along with other parishes in the deanery, the way forward for the future.



CHILDREN'S LITURGY

Our **Children's Liturgy group** takes place during the 9am Mass at St Theresa's (in the side chapel). We invite children from Reception Class to Year 3, to join the group. Our theme this week is: **Workers in the Vineyard** and Sunday 8th October it will be: **Listen to God's message.**

The Feast of St Theresa of Lisieux Sunday 1st October

We will be celebrating our patron saint at St Theresa's next weekend!

Saturday 5:30pm: Fizz and Nibbles after Mass
Sunday 9am: This is also St Mary's welcome Mass for new pupils. There will be enhanced refreshments after Mass (including Pimm's provided by the Catenians, see their notice!)

