



Parish of Our Lady Star of the Sea

*Serving Southwick, Portslade,
Hangleton and West Blatchington*

St Theresa's: Old Shoreham Rd, Southwick, BN42 4RY

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Find out more: [https://www.abdiocese.org.uk/
safeguarding/home](https://www.abdiocese.org.uk/safeguarding/home)

School: St Mary's, Church Road, Portslade
www.stmarys.brighton-hove.sch.uk

Also serving the parishes:

Cottesmore: www.cottesmore.brighton-hove.sch.uk

Cardinal Newman: www.cnccs.co.uk



If you use Facebook, please join our group page,
Catholics West Hove

www.facebook.com/groups/1510048742698794/

6th August 2023: Transfiguration of the Lord

Weekdays: 18th Week in Ordinary time, Year: A(I)

Fr Tony writes

Why are we celebrating the Transfiguration this weekend? The liturgical calendar, which determines which texts we use at Mass, is quite complicated! In it there are various types of celebrations. Some are connected with the annual cycle of Sundays and seasons (e.g. Advent, Easter). This is called the 'Proper of Seasons'. Others are linked to specific dates, such as the celebrations of saints and of particular events, called the Proper of Saints. Within those days there are various levels of celebration, of which there are three basic 'levels': memoria, feast and Solemnity. Within these there are further distinctions, and there are two types of feast: feasts of saints, and feasts of the Lord.

I mention this because the two types of calendar overlap. The Proper of Seasons is tied to Sundays, and therefore most of the celebrations are not tied to a specific date (Christmas Day is the exception), whereas the Proper of Saints is linked to particular dates, and this means that there is a set of 'rules' to determine what happens when there is an overlap. Normally 'Seasons' take precedence, so we rarely celebrate saints on a Sunday.

This Sunday would have been the 18th Sunday of Year A, but because the feast of the Transfiguration is a 'Feast of the Lord', it does take precedence over a Sunday in Ordinary Time, so instead of the miracle of the multiplication of the loaves, we hear the Transfiguration story, and I will be wearing white vestments, not green.

If all this sounds a bit confusing, it can be! But it helps us organise the rich fare of celebrations we are blessed with in the liturgy of the Church. Fortunately we can now use electronic help. One such aid is univesalis.com, which does the hard work for you. Just remember to set the calendar in it to Arundel and Brighton!

What do you believe?



Wednesday Evening Faith Formation begins in September!

We will start in the Autumn with Sycamore. This is an informal course about the Christian faith and its relevance for life today. It will give us the opportunity to explore, share, and renew our faith.

Each Sycamore session involves a short film and time for discussion. Visit sycamore.fm for more information about the programme.

Each Wednesday there will be Mass at 7pm, followed by simple refreshments. The Sycamore session will begin at 7:45, and conclude at 9:15. There will then be a short 'night prayer' for those who wish to stay for that. All will finish by 9:30pm.

We begin on Wednesday 27th September, and continue through to the end of November. As part of the programme there will also be a 'retreat day' on Saturday 11th November.

All are welcome!

"An amazing experience"

"The questions are incredibly relevant"

"I finally found an opportunity to think about my life"

"Interesting and thought-provoking discussions"

"It's a great programme!"

Please Pray For...

All our pilgrims who are at Lourdes.
All who are sick in the parish, particularly Tony Fleming, Tom Hulse, Elizabeth Hopkins, Peter Rolph, Cheryl Evans, Julie Laker and Terry Phipps.

Those on our regular prayer list including: Marion Shannon, Elizabeth Smith, Hanorah & Mat Smith, Winifred Wilde, and Sandra Yelbeck.

Please also pray for those who have died recently especially Patrick Atkinson, Thomas Bonner, Janis Claxton-White and Beric Williams.

A full list of sick parishioners can be found on the parish website, as well as those whose anniversaries occur this month.

The Diocesan Walking Pilgrimage

Fr Tony is chaplain to the Pilgrimage, which starts this Saturday in Bristol and ends in Arundel two weeks later, celebrating the 150th anniversary of our cathedral.

You can follow the 'pilgrims' progress' at www.thepilgrims.org.uk

Fr Paul will be celebrating Masses in his absence, though Fr Tony will be back briefly for the weekend of 19/20 August.

Weekly Timetable

Saturday 5th August <i>Dedication of the Basilica of St Mary Major</i>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	
Sunday 6th August <i>The Transfiguration of the Lord</i>	9am Mass, St Theresa's 11am Mass, St George's	<i>All Parishioners</i> <i>Vicenta Garcia RIP</i>
Tuesday 8th August <i>St Dominic</i>	10am Mass, St George's <i>Followed by Tea & Chat</i>	
Wed 9th August <i>St Teresa Benedicta of the Cross</i>	7:30pm Mass, St Theresa's <i>Adoration to 8:30pm</i>	
Thursday 10th August <i>St Lawrence</i>	10am Mass, St George's	<i>Marie Berry RIP</i>
Friday 11th August <i>St Clare</i>	11:30am Funeral Mass of Patrick Atkinson, St Theresa's	
Saturday 12th August <i>St Jane Frances de Chantal</i>	Confession 4:45-5:15 5:30pm Mass, St Theresa's	
Sunday 13th August <i>19th Sunday in Ordinary Time</i>	9am Mass, St Theresa's 11am Mass, St George's	<i>All Parishioners</i> <i>Patrick Mullen RIP</i>



This week we are most in need of:

Coffee

Cooking oil

Crisps

Deodorant

Jam / Peanut Butter / Marmite

Laundry tabs / pods

Pasta sauce

Razors

Squash

Tinned meat (e.g. chilli, mince and onions, meatballs)

UHT semi-skimmed milk

Washing up liquid

Donations may be brought to the hall on Wednesdays 10:30—11:45am, or dropped into the boxes at the back of either of our churches.

We continue to pray for the people of Ukraine.

For more information and ways to support them see cbcew.org.uk/category/cbcew/international/countries/ukraine/



Morning & Evening Prayer Starting Saturday 2nd September 2023

◇ *Saturdays at St Theresa's,
Evening Prayer at 5pm (said)*

◇ *Sundays at St Theresa's,
Morning Prayer at 08:30am (sung)*

There are a limited number of books available for use, but should you have a smart phone or iPad then we recommend the App:

<https://universalis.com/>