Catholic Parish of Brighton and Hove: West Hub

Sacred Heart; St George's & St Theresa's; St Mary Magdalen's; St Peter's

Canon Colin Wolczak; Fr Paul Wilkinson; Fr Tony Milner; Fr Alphonse Kabore; Canon David Parmiter

Sunday 7th June 2026, The Most Holy Body and Blood of Christ, Year A, Weekdays: Week 22, Psalter Week 2

Fr Paul Writes…

This Sunday we celebrate the great feast of the Body and Blood of Christ: literally a feast.

Of course, we celebrate Christ's gift of his body and blood in every celebration of the Eucharist, but the fact that we have a special festival each year emphasises the central importance of the Eucharist in our Christian life. It might be said that people go to Mass because they are Catholic. It is, perhaps, truer to say that people are Catholic because they go to Mass.

Each local Catholic community is, above all, a eucharistic community. In a very real sense, we are what we eat and drink, nourished to be the continuing presence of Christ in the world. The Church describes the Eucharist as 'the source and summit of our faith.' It is the highest expression of what we are about as Christians, and the source from which all that we believe and do is derived - to be the real presence of Christ in the world. The Eucharist, along with Baptism and Confirmation, is one of the Sacraments of Initiation through which we become full members of the Church, taking on the responsibility of being the Church in the world. This is why almost all major celebrations of the Church take place within the context of the Mass.

In the Eucharist we share in 'the one bread and the one cup' and so become 'one body in Christ.' This is why the Church insists that we should all receive Holy Communion in the same way, in this country in the ancient and traditional way, standing and in the hand, making with our hands, as St Cyril of Jerusalem said in the 4th century, 'a throne to receive our King.' Thus, in our actions, we show our commitment to being 'one in Christ,' in communion with Christ and each other. In the strength of that 'oneness' Christ challenges us to go out and show God's love to the world.

St Theresa's & St Georges: Celebrating Service and Ministry
On the Feast of Corpus Christi

St Augustine writes of the Eucharist: "If you are the body and members of Christ, then it is your sacrament that is placed on the table of the Lord; it is your sacrament that you receive. To that which you are you respond "Amen" ("yes, it is true!") and by responding to it you assent to it. For you hear the words, "the Body of Christ" and respond "Amen." Be then a member of the Body of Christ that your *Amen* may be true." So this Sunday we will be celebrating the Body of Christ, present in the Eucharist and present in his gathered people, the Body of Christ, the Church. In doing so we will be celebrating the many different roles that people take up, all the forms of service and ministry that help us to, as Augustine puts it, make our Amen true. We will also be offering the opportunity for people to share more fully, or in new ways, in this great calling to be Christ present in the world.

First Holy Communion at St Peter's & Sacred Heart

June is the month when the children who have been preparing since last November receive their Firsy Holy Communion. This will take place at the 11:30am Mass on 7th, 14th and 21st June at St Peter's. These Masses will be very busy, and we will be reserving one bench for each family who have a child receiving their First Holy Communion at that Mass.

Sacred Heart will celebrate their services on 14th and 21st June at the 9:30 Masses.

Please keep these children and their families in your prayers.

Sacred Heart, 39 Norton Road, BN3 3BF, 01273 732843, www.sacredhearthove.org.uk; hovesacredheart@abdiocese.org.uk. All Masses at SH are Live Streamed: www.sacredhearthove.org.uk/videos.html

St George's, Court Farm Road, BN3 7QR and **St Theresa's,** Old Shoreham Road, BN42 4RY, 01273 708227; www.brightondeanerywest.org.uk; westhove@abdiocese.org.uk

St Mary Magdalen's, 55 Upper North Street, BN1 3FH; 01273 326793; brightonstmarymag@abdiocese.org.uk

St Peter's, Portland Road, BN3 5GD, 01273 733840, https://www.stpeters-hove.org.uk/; hovestpeters@abdiocese.org.uk

Hospital Chaplain, Royal Sussex County Hospital, T. 01273 696955 Ext. 64122, email celestine.nnolim@nhs.net

For any other contact information, including Safeguarding, please see the relevant parish website or church noticeboards

Mass Schedule		
Sat 6	**June**	**St Norbert**
12noon	SH	Ada Mitchell RIP
12noon †	SMM	
6.00pm †	SH	Jeffery Marchant Int
6.00pm	SP	Charlotte & Douglas Goodchild RIP
6.30pm	SG	*Polish Mass*
Sun 7	**June**	**Body & Blood of Christ**
8.30am	SP	People of the Parish
9.00am	ST	Agnelo Rato RIP
9.30am	SH	People of the Parish
9:30am	SMM	
10.00am	SP	Patrick Peyton RIP
11.00am	SG	All Parishioners
11.00am	SMM	
11.30am	SH	Heather Prescott RIP
11.30am	SP	*First Holy Communion Mass*
5.00pm	SMM	
5.00pm	SP	*Brazilian Mass*
Mon 8	**June**	**Monday**
10.00am †	SH	Oshone Ikazoboh Int
Tue 9	**June**	**St Ephrem**
10.00am	SG	All Parishioners
10.00am †	SH	Joan Fitzgerald RIP
10.00am	SP	*No Mass today*
6.00pm †	SMM	
7.00pm	ST	All Parishioners
Wed 10	**June**	**Wednesday**
8.00am	SH	Keith Simpson RIP
8.00am	CNCS	
10.00am	SP	David G Fitzgerald RIP
6.00pm †	SMM	
7.00pm	ST	All Parishioners
Thurs 11	**June**	**St Barnabas**
10.00am ‡	SG	All Parishioners
11.30am †	SP	Funeral Mass of Jenny Smith RIP
12noon †	SH	Derek Dray RIP
6.00pm †	SMM	
7.00pm	ST	All Parishioners
Fri 12	**June**	**Most Sacred Heart of Jesus**
8.00am	SH	John Dewhurst Int
10.00am	SP	The Whitehead Family
7.00pm	ST	All Parishioners
7.00pm	SH	Fr Michael's Int's
6.00pm †	SMM	
Sat 13	**June**	**Saint Antony of Padua**
12noon †	SMM	
6pm	SH	Oshone Ikazoboh Int
6.00pm	SP	Rita Hearns RIP
6.30pm	SG	*Polish Mass*
Sun 14	**June**	**Eleventh Sunday in Ordinary Time**
8.30am	SP	Miranda Bowen RIP
9.00am	ST	Cheryl Evans RIP
9.30am	SH	Ehianeta Osezua Int
9:30am	SMM	
10.00am	SP	Sophie Johnstone RIP
11.00am	SG	Fr David Weston RIP
11.00am	SMM	
11.30am	SH	People of the Parish
11.30am	SP	*First Holy Communion Mass*
5.00pm	SMM	
5.00pm	SP	*Brazilian Mass*

CNCS: Cardinal Newman **SH**: Sacred Heart; **SG**: St George's; **SMM**: St Mary Magdalene's; **SP**: St Peter's; **ST**: St Theresa's; † Adoration before; ‡ Adoration after

Weekly Reconciliation Times

Sacred Heart & St Peter's Saturdays from 5:15–5:45pm.

St George's After Sunday Mass, on request.

St Mary Magdalen Fridays at 5pm, and Saturdays at 11am.

St Theresa's Fridays after the 7:00pm Mass.

Prayer Groups & Devotions

Sacred Heart
Prayer Group: Tuesdays at 10:30am in the parish room.
Online Rosary: Fridays at 11am via livestream.

St George's
Rosary Group: Mondays, 6.00–7.00pm in the Lady Chapel.
The Rosary Group does not meet on Bank Holiday Mondays.

St Mary Magdalen's
Faith Formation Group: Thursdays, 6:45pm at St Mary Mags, during term time. For anyone interested in joining the Church or learning more about the Catholic faith.
Women's Rosary: takes place every Friday at 10:00am. Tea and refreshments are shared afterwards.

West Hove Online Prayer Group
Thursday evenings at 8pm on Zoom, exploring the Bible and aspects of the faith together. Please contact the Parish Office for the Zoom link.

St Peter's
Holy Spirit prayer series: Mondays at 3:30pm and Thursdays at 8pm in the parish hall. Enquiries: faithenginesprayer@gmail.com.
Contemplative Prayer Group: Fridays at 7:30pm, in person and online. Enquiries: quietenginesprayer@gmail.com.

St Theresa's
Lauds (Morning Prayer): Sundays at 8:30am.
Vespers (Evening Prayer): Wednesdays at 6:30pm

Social Groups

Sacred Heart
SVP Social Group: meets after the 12noon Mass every two weeks for soup, sandwiches, quizzes and friendly company; the next gathering is on 11th June.
Film Club: will be taking a break for July & August and will resume on 5th September.

St Mary Magdalen's hosts Table Church, a young adults' group meeting after the 11am Mass for refreshments in the community hall to share faith and life experiences.

St George's Tea and Chat takes place after the 10am Mass on the 2nd and 4th Tuesdays of the month, with the next gathering on Tuesday 9th June.

St Peter's Church Social Group (drop in) The St Peter's Church social group meets every Friday from 1:00–3:00pm in the parish hall. Please do join us for light refreshments and friendly conversation.

The Solemnity of the Most Sacred Heart of Jesus will be celebrated at Sacred Heart Church on Friday 12th June at 7.00pm, also it will be a Mass of Thanksgiving celebrating 50 years (Golden Jubilee) of the priestly ordination of the Reverend Monsignor Michael Jackson. It will be followed by a celebration for Mgr Michael in the parish rooms and the car park, weather permitting. Please note that the parish car park will be closed from 1pm on 12th June. Envelopes are available at the back of the Sacred Heart Church if you wish to show your appreciation for Mgr Michael's ministry. All are welcome.

St Peter's Parish Office Please note the parish office is open for enquiries from 9am -12pm Tuesday – Thursday.

Healing Service at St Mary Magdalene's A Healing Service is held at St Mary Magdalene's Church on the first Sunday of each month at 3pm, led by Fr Rod and Fr Alphonse. Everyone is welcome. The community hall will remain open after Mass for a shared 'potluck', please bring a dish to share if you are able. The car park will remain open until 6pm.

Fr Ian Vane – 40 Years of Priesthood Fr Ian Vane warmly invites parishioners to join him for a Mass of Thanksgiving celebrating the 40th anniversary of his ordination to the priesthood on Sunday 19 July at 10.00am at St Joseph's Church, Dorking (RH4 3DL). Having served in a number of parishes across the Diocese, including St Joseph's Brighton, St Charles Borromeo Worthing, English Martyrs Horley, and Our Lady & St Philip / St John's Heron's Ghyll, Fr Ian would be delighted to welcome former parishioners, friends and anyone who may remember him from his years of ministry. Light refreshments will be served after Mass. If you are planning to attend, an indication of numbers would be appreciated; for further information please contact dorking@abdiocese.org.uk. Please note that parking around the church is limited and access may be difficult for large vehicles.

Catenian Association a monthly meeting of Catholic men at The Hove Club. For more info cateniansprovince18.org.uk.

Online Week of Guided Prayer for Those Affected by Clergy Abuse 18–23 October 2026 The Jesuit Institute is offering a free online retreat for anyone affected by clergy abuse, whether directly or indirectly. Participants are invited to spend 30 minutes in personal prayer each day and meet online with an experienced spiritual director for up to 45 minutes daily at a convenient time. The retreat provides a safe and supportive space to explore your relationship with God through prayer and reflection. Further information and registration details are available from the Jesuit Institute.

Southwick Churches Together We meet at 9:30 every Wednesday morning, at St Michael's Church in Southwick, for a short service, led by people from churches in the local area. There are refreshments afterwards. All welcome!

St Peter's Archive Team For a baptism, or confirmation certificate contact our team of volunteers by email: saintpeterarchives@gmail.com. Please allow two weeks for documents to be processed.

Newsletter by email please email Lisa, SH Parish Secretary: hovesacredheart@abdiocese.org.uk to be added to the distribution list, this list is for all our churches.

Fundraising / Giving

Curry Evening Karla is having a curry evening for her Charity ESSR, on Saturday 13th June at the Sacred Heart Parish Room at 7pm. Tickets are £15.00 each and are available after Mass. Please eat and drink and enjoy yourself whilst supporting this wonderful charity.

Soup Run Each week, from Monday to Friday, 7pm at the shelter next to the Angel of Peace on the seafront. For more info, please contact SMM office.

Martlets Hospice Thank you to everyone who has supported our fundraising for Martlets Hospice through donations, purchases, and coffee morning contributions. Last Sunday we raised a further £70, bringing the total raised to over £1,000. Your generosity is greatly appreciated and will make a real difference to the work of the hospice.

St Mary's PTA Summer Fair Raffle Members of St Mary's PTA will be selling raffle tickets after Mass at St Theresa's. Tickets are available in advance of the St Mary's Summer Fair, which takes place on Friday 12th June from 3:15pm to 5pm. Thank you for your support, and good luck in the raffle!

Foodbank Appeal
The foodbank is running low on a few essentials and would be grateful for donations of toilet rolls, plain noodles (straight-to-wok or dried varieties), and instant coffee. Donations can be dropped off at St George's Hall, on Wednesdays after 10:30am, or placed in the donation baskets at Waitrose Hove, Books Alive on Elm Drive, or any of our churches. If you are unable to deliver your donation, please call 07990 631892 and a collection can be arranged.

Cycle of Prayer

During Ordinary Time, we are asked to pray for these intentions: a deeper understanding between Christians and Jews; human life; those who suffer persecution, oppression and denial of human rights; Europe; and seafarers.

Please pray for the recently deceased:

Jenny Smith RIP who died recently, her funeral will take place at St Peter's at 11:30am Thursday 11th June.

Jean Goatcher RIP who died recently, her funeral will take place at Sacred Heart at 2pm on Wednesday 24th June.

Cheryl Evans RIP Please pray for the repose of the soul of Cheryl Evans, a member of our St Theresa's and St George's community, who died on Thursday 4th June 2026. We remember Cheryl and her family in our prayers at this difficult time. Funeral arrangements will be announced in due course. May she rest in peace.

Please also pray for:
Canon Colin Wolczak; Chris, Lucy, & Matt Neal; Clive Connor; Clive Holding; Eileen Kipling; Elena White; Hanorah & Mat Smith; Julia Fleming; Liz Perkins; Mario Noah; Melvin Shirkie; Peter Cochlin; Rex Curd; Robert (Bob) Selwood; Tom Piggins and Winifred Wilde.

Sunday 7th June 2026
The Most Holy Body and Blood of Christ

The Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.

Amen.

First Reading — Deuteronomy 8:2-3, 14b-16a

Moses spoke to the people: You shall remember the whole way that the Lord your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord.

Do not forget the Lord your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrifying wilderness, with its fiery serpents and scorpions and thirsty ground where there was no water, who brought you water out of the flinty rock, who fed you in the wilderness with manna that your fathers did not know**.**

The word of the Lord.
Thanks be to God.

Responsorial Psalm

O Jerusalem, glorify the Lord!

Second Reading — 1 Corinthians 10:16-17

Brothers and Sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord.

If anyone eats of this bread, he will live for ever.

Alleluia.

Gospel — John 6:51-58

At that time: Jesus said to the Jews, 'I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever. And the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?'

So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live for ever.'

The Gospel of the Lord.
Praise to you Lord Jesus Christ.

Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.
God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,
(all bow during the next three lines)
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate, he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.
Amen.

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